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THURSDAY, AUGUST 4TH 2016



VALE OF GLAMORGAN AGRICULTURAL SHOW

WEDNESDAY AUGUST 10, 2016 • SEE FEATURE PAGES 19-27



IS FINDING DORY THE
GREAT SUMMER MOVIE?
Film review on page 16

Bridgend council to review safety along A48 after tragic accident

FIRST MINISTER
Carwyn Jones has
welcomed news that
Bridgend County
Borough Council's
highway authority is
to commission an
independent road
safety investigation

of the A48.

The Bridgend AM
said that he has received
many representations
from constituents and
local councillors
regarding the safety of
pedestrians on the road,
following the recent
tragic accident at the

(junction of Merthyr

Mawr Road on the A48.
In the light of that
accident, when Rhys
Rubery, 16, died, a
Facebook group, 'A48
Make It Safe' has
mounted a campaign.

Mr Jones said that he
was told by BCBC that

the investigation will
take into account factors
such as traffic
movements, speed of
vehicles, pedestrian
movements and other
concerns which have
been raised with the
council.

The report will
provide
recommendations for
any remedial work
where appropriate.

Mr Jones said: "This
action is certainly a step
in the right direction. I
will be monitoring this
carefully and in
particular, the report's
recommendations.

"It is important that
this report is concluded
as quickly as possible to
assess all the options to
make the road safer after
this tragic accident.

"I have also discussed
safety concerns with
Chief Superintendent
Stuart Parfitt. I
understand that a police
investigation is under
way."



Make date for the Vale Show!

**THE Vale of Glamorgan Show, one of
south Wales' premier events, takes
place next Wednesday, August 10.**

As ever, the organisers have planned hundreds
of attractions, as well as showcasing the very
best in local and Welsh farming. People attend
from all over Wales and parts of England too.

Sarah Fenner, the general secretary, said:
"Come and join us on Wednesday next week for
the Vale Show where you will find a very warm
welcome."

Car parking is free on the site and the Vale
Council supports the event by running buses
from all over the Vale.

Further information can be found on the show
at www.valeofglamorganshow.co.uk; on the
show's Facebook page; or by email at
vale.show@outlook.com.

ABOVE:

It was Porthcawl's Sea Festival Day last
Saturday (July 30) and 'pirates' was the
theme, with a pirate ship on Cosy Corner,
and Blackbeard and his crew roaming the
streets, terrorising passers-by!
(SEE MORE PHOTOGRAPHS BY
KEITH E MORGAN ON PAGE 7).

PRINCESS OF WALES NURSES STRUCK OFF

**THREE nurses who pleaded
guilty to wilful neglect of
patients in 2015, after they
filled in false blood sugar
readings for patients, have
now been struck off.**

Lauro Bertulano, Rebecca Jones
and Natalie Jones, have been struck
off the nursing register after a two-day
Nursing and Midwifery Council
(NMC) hearing in Cardiff.

The nurses were working on a
specialist stroke ward.

After pleading guilty in Cardiff
Crown Court, Rebecca Jones was
sentenced to eight months in prison.
Bertulano was sentenced to four
months in prison. Natalie Jones was

given a 12-month community order.

A spokesperson for Abertawe Bro
Morgannwg University health board
said: "We can confirm that these three
nurses left our employment last year
after they admitted the charges against
them. Their behaviour was totally
unacceptable and extremely
disappointing.

"As soon as we had become aware
of anomalies around some blood
sugar tests, we did not hesitate to
bring our concerns to the attention of
South Wales Police; and we
cooperated fully with the investigation
which followed.

(CONTINUED ON PAGE 2)

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GEM READERS' LETTERS

Brexit reaction was a sight to behold!

I AM sure we are now all well versed in Mr Westerman's philosophy on life and politics after his almost weekly correspondence in various local newspapers; Aristotle can't hold a candle to his thoughts!

His socialist ideals are a sight to behold, basically week after week his jottings expose the weaknesses of human nature and his innermost thoughts on the world in general. Last week's letter in The GEM was no exception.

Surely Mr Westerman, in Wales we are untainted by the free market economy; we live in this Labour paradise and for 14 years we had socialist politicians at every level of government, and still have a socialist Welsh Assembly – therefore everything should be fine and dandy.

Cyclists should show respect

AS a cyclist who still rides about 125 miles each week, I feel that I am talking about.

I ride between St Nicolas and Ogmogre-by-Sea, using the main roads and the lanes and on many occasions, I have witnessed riders riding two abreast and often three abreast.

Cars queue for miles before managing to pass them, and any hooting by drivers gets the finger wave and abusive

The fact is that if, as in Wales, we give a certain party unbridled governance they become sclerotic and slovenly. I was at the Bridgend count for the Referendum. There were many Labour party representatives present and the look of shock and disbelief at the Brexit result, that the electorate they think they own had gone against their wishes, was a sight to behold.

This outcome has nothing to do with individualism but the cold hard facts. We wish to be ruled by our own politicians in a democratic way.

Going off at a tangent and talking about splintered different factions, because the people have spoken, is a nonsense.

There is a great saying my American friend uses that says it all at a time such as this, "you have lost your argument – suck it up and move on."

Ian Hampton, Maesteg.

Busy Sunday for Porthcawl RNLI

SUNDAY, July 31, was a busy afternoon for Porthcawl's RNLI lifeboat crews who rescued three people who found themselves in imminent danger in two separate incidents.

Just before 2pm, RNLI volunteers were called to rescue a kayaker that had capsized. He was in the water and unable to climb back on board his kayak off Ogmogre by Sea.

An Atlantic 85 lifeboat, 'Rose of the Shires', was on scene within 15 minutes of the initial alert and rescued the kayaker who had been swept eastwards towards rocks at Ogmogre Deep.

The lifeboat crew was directed to the casualty by members of the public pointing from the rocks above.

Too close to rocks for the lifeboat to get alongside, a crew member swam to the casualty with a line and both were pulled back aboard the lifeboat.

The casualty was taken back to Porthcawl and checked over but no further medical assistance was required.

Coastguards paged Porthcawl crew for a second time shortly before

5.30pm to two people cut off by the tide, east of the RNLI station, near Witches Point at Southerndown.

Two lifeboats were launched and the casualties were rescued by the D Class vessel.

The casualties were transferred to the larger Atlantic 85 lifeboat and brought safely ashore at Porthcawl lifeboat station.

Lifeboat operations manager at Porthcawl, Philip Missen, said: "This afternoon proved yet again the value of our lifeboat service and the dedication of our crews. At this time of year, we get people cut off by the tide along our coast, especially east of Porthcawl."

"I would like to re-emphasise the importance of checking tide times before venturing along some of our beautiful coast."

"I would like to say how important it is for all watercraft users to have some form of buoyancy aid and a means for calling for help should the need arise."

Web only: Click here (URL) for video from the RNLI of the rescues.

<http://www.rnlivideolibrary.org.uk/getvideo.aspx?vid=WVCedOC1>

Teachers put to the test to help Gurkhas

P E N C O E D Comprehensive teachers Ian Poley and Mark Awaient are appealing for sponsorship for a gruelling fundraising event in aid of the Gurkha

Welfare Trust.

Born and raised in Brecon, Ian has always had links with the Gurkha regiment based in the town, and is now going all-out to promote the trust, which provides financial, medical and development aid to

Gurkha veterans, their families and communities.

Colleague Mark Awaient agreed to run with Ian and assist with fundraising.

They will put their fitness levels to the test by attempting the Rat Race Man Versus Mountain Challenge. The adventure starts at sea level in Caernarfon Castle, scaling the heights of Mount Snowdon then descending into Dinorwic quarry before finishing in Llanberis. The route is 22 miles long and climbs 5,050 feet with an average finishing time of five hours and 55 minutes.

Ian explained: "The Gurkha Welfare Trust provides financial, medical and development aid to Gurkha veterans, their families and communities. Veterans who didn't serve for the 15 years required of other members of the British Army in order to receive a pension. The trust works in the UK and, more importantly, in Nepal to support the Gurkhas."

Donations can be made by either texting MMIP99 £1 (change the amount to donate more) to 70070 or by going to the JustGiving page, www.justgiving.com/lan-poley.

Dipping bridge link to missing Chepstow man

POLICE looking for Eddie Wise, who was reported missing two weeks ago from Chepstow, are focussing their search in Ogmogre-by-Sea after his car was found in the area.

Mr Wise's blue Nissan Note was discovered by police parked near the dipping bridge in Merthyr Mawr.

The car was found on Sunday, July 31, two weeks after he went missing from his home near Chepstow on July 18.

He is described as white, six foot tall, of a large build, with short, dark brown hair and a beard.

He likes walking and police are appealing for anybody who has been in the area who may have seen Eddie Wise to make contact.



Mr Eddie Wise is missing in the Bridgend area.

Posters are being put up in Merthyr Mawr to target those who regularly use the popular walking area.

Anyone who may have seen him is urged to contact South Wales Police via 101 quoting reference *289270 or call Crimestoppers anonymously on 0800 555 111.

BRIDGEND AM BOWLS FIRST WOOD AT OPENING CEREMONY

BRIDGEND AM Carwyn Jones was delighted to take part in the opening ceremony of the recent British Isles Championships 2016 - Junior Ladies International Series (under-25s).

This prestigious tournament was hosted by the Welsh Women's Bowling Association (WWBA) at Bridgend Bowling Club.

Mr Jones was invited to raise the international flag and then bowl the first wood to test the condition of the bowling green.

Carwyn Jones said: "It was great having the opportunity to bowl the first wood and to learn the techniques involved with lawn bowling."

"Congratulations to all involved on a great tournament. In particular, I would like to congratulate Jess Sims and Laura Harwood from the Welsh team on winning the under-25 British Isles Pairs. What a great achievement."

Mr Jones added: "I would also like to praise the Bridgend Air Cadets who added to the pomp and ceremony of the occasion, making it feel special."



Photograph by Geoff Caldwell.

Carwyn Jones bowling the first wood.



Carwyn Jones and Peter Anderson, president, Bridgend Bowling Club.

HELP RAISE FUNDS FOR LYDIA

THE Master Mariner on Skomer Road, Barry, is hosting a special fundraiser this Saturday, August 6, to help a baby who needs urgent treatment in America.

The event starts at 3pm, goes on until late, and everyone is welcome to attend.

John, one of the organisers, said: "The money raised will go to the Lydia German Fund. Lydia, who is 10 months old and lives in Swansea, has Dandy-Walker Syndrome and hydrocephalus (neurological conditions). She needs life-saving treatment that is available in America."

Lydia has a lot of family in Barry and the organisers are hoping for a good response from local people.

Nurses struck off

CONTINUED FROM PAGE 1

The spokesperson continued: "These issues related to historical events some years ago. We can give assurances that regular checks since then have revealed no further problems."

"Staff at the Princess of Wales Hospital provide a very high standard of care, and the feedback they receive from patients and families is routinely high. People can rest assured that the hospital consistently provides excellent care; and we strive to improve still further."

HIGH TIDE TIMES

(UNTIL AUGUST 11)

The high tides listed in this week's GEM are those in Porthcawl. It should be remembered that along the coast, high tide times will vary.

For instance, in Barry, the high point will be 20 – 25 minutes later.

DATE	Time	Ht	Time	Ht
	AM	M	PM	M
04 Thur	08.18	9.9	20.34	10.1
05 Fri	08.55	9.9	21.12	9.8
06 Sat	09.30	9.7	21.48	9.6
07 Sun	10.07	9.4	22.19	9.3
08 Mon	10.39	9.0	22.54	8.8
09 Tues	11.13	8.6	23.28	8.4
10 Wed	11.52	8.2		
11 Thur	00.09	8.1	12.39	7.8

While The GEM makes every effort to check the accuracy of tide tables, we recommend that anyone putting out to sea, or walking in an area where they could be cut off, should check with a tide table specific to their location.

History of the Caterpillar Club

WITH reference to the recent letter from Mr Gerry Parsons, regarding the Caterpillar Club, I can furnish the following information.

The 'club' was formed circa 1922 by Mr Leslie Irving (or Irvin), the founder of the Irvin Air Chute company that became probably the

largest manufacturer of aircrew parachutes in the world.

As Mr Parsons says, the badge depicts a silkworm lowering itself safely to earth by means of a silken thread.

Those badges were, and I believe still are, donated by the Irvin company to any person, either civilian or military, regardless of nationality, who has saved their lives using an Irvin parachute.

RC Thursby, Barry.

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Social media hunt for Aberkenfig knitting lady

AN innocent query on social media has sparked memories in hundreds of Bridgend county borough residents, and the woman who made the original post told The GEM that she was "amazed" at the response.

Karin Gray, who now lives in Pembrokeshire, but who grew up in the Kenfig Hill area, suddenly remembered a local character from her youth, and wondered if anybody knew any more about her.

On the Facebook page 'Memories of Pyle and Kenfig', she posted: "Remember the little old lady who used to sit on a bench on the way to Aberkenfig?"

"She was always knitting and seemed to be there every time I went past. Around 1976ish?? Always wondered where she lived and why she went there everyday."

In only a few days, it attracted over 130 comments, and when it was shared to another local history page 'Aberkenfig old and new', a similar number responded.

Karin told The GEM about which strands were emerging from the conversation. She said: "We had

people say that they remembered her being there in 1961, and others said that she was still there in the 1990s."

The bench in question is near The Fountain public house, on the road from Aberkenfig to Cefn Cribwr.

Not surprisingly, as she was out there day after day in the sunshine, people remember her as being 'nut brown' in colour.

Others recalled that sometimes a car would stop, and someone would get out, present her with some wool and a pattern, and ask her if she could make it! Apparently, she always obliged!

Karin Gray said: "We have had a suggestion that she used to live in Park Road, which is nearby in Aberkenfig, so that makes sense."

"There was a suggestion that her son had died in an accident on the road, but we have nothing concrete to back that up."

She added that a few names had been suggested, but there was nothing authoritative yet.

It could be that some GEM readers who are not active on social media may be able to shed some light on this. Please contact The GEM on gemeditorial@tindlenews.co.uk if you can help, or telephone Philip Irwin on 01446 774484.



The Ogmores Valley Wheelers with guide dog puppy Wheeler and puppy walker Elaine Francis.

Wheeler: a wags to riches tale



Wheeler greets Keith's daughter, Charlotte.

CYCLISTS in Bridgend enjoyed a surprise visit from a VIP – a 'Very Important Puppy'.

Wheeler, a five-month-old black Labrador, is well on his way to becoming a guide dog, after members of the Ogmores Valley Wheelers cycling club helped to fund his training.

Members had the chance to check his progress when he visited a club meeting at Gilead Chapel Hall in Coity.

Fundraising began last summer, when club member Keith Barrett, from Corntown, completed a 320-mile sponsored ride from Paris to Swansea on a tandem, piloted by fellow cyclist Andy Harries.

The total was boosted by a club quiz night at Gilead Chapel Hall in Coity, a shopping centre collection, and a number of one-off donations – including £300 from regulars at the Blacksmith's Arms in Llanmaes, who had read about Keith's exploits in The GEM.

Keith, a piano tuner, has been blind since he was a baby. "Being

blind means I've faced many challenges in my life, and this cycle ride was one of the biggest," he said.

"Guide dogs changed my life. I was 18 when I had my first, and now I'm on my fifth, Lena. The service receives no Government funding, and I just wanted to give something back."

"We needed to raise £5,000 to name a puppy. 'Wheeler' was the obvious choice, as none of this would have been possible without the Ogmores Valley Wheelers, especially Andy."

Wheeler is currently living in Porth with volunteer puppy walker Elaine Francis, who will teach him basic good behaviour and introduce him to busy and challenging environments, such as shops, buses and trains.

The cycling club will receive regular updates on his progress, plus photographs, as he trains to become a fully-fledged guide dog.

To find out how your organisation can name a guide dog puppy and track its progress, contact frank.greig@guidedogs.org.uk.



Keith Barrett and Andy Harries with guide dog puppy Wheeler.

Volunteer 'one-stop' resource opens its doors in Bridgend

Bridgend AM Carwyn Jones cutting the ribbon.

DESCRIBED as a 'one-stop resource on all aspects of volunteering' a new volunteer centre in Bridgend town centre was opened last week by Carwyn Jones AM.

The new centre, managed by Bridgend Association of Voluntary Organisations (BAVO), offers information, advice and guidance to people who are looking for volunteering opportunities and to voluntary organisations or community groups looking to recruit volunteers.

The launch was also attended by Chris Elmore, MP for



"I now declare these balloons well and truly launched..."

Ogmores, the Mayor and Mayoress of the county borough of Bridgend, Coun Reg Jenkins and Mrs Teresa Jenkins, local councillors, and representatives from Welsh Government and local community organisations.

First Minister

Carwyn Jones AM, said: "Having this information hub on volunteering in Bridgend town centre, will certainly encourage more people to pop in and look at the wide range of opportunities available. Volunteering can be hugely rewarding and any spare time that people give is hugely appreciated."

Open Monday to Friday from 10am-4pm, the new volunteer centre, based at 2 Queen Street in Bridgend town centre, offers a wide range of opportunities to match people's skills and interests from 300 registered voluntary organisations.

For more information, telephone the BAVO volunteer centre on 01656 660372.

Dipping Bridge rescue after torrential rain

THE road to Merthyr Mawr, Bridgend was closed on Tuesday (August 2) after flood waters trapped a minibus near the Dipping Bridge in the early hours.

Fire crews rescued five people from flood water, using water equipment, after receiving a call from the Dipping Bridge just before 4am.

It was reported that the minibus was on its way to Cardiff Airport.



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www.bridgend-today.co.uk
www.porthcawl-today.co.uk

End of term at Pencoed Comprehensive

CONGRATULATIONS to Owain House which won the school sports days. Unfortunately, due to the bad weather we couldn't run the athletics, so football and handball games were held instead.

In order to make the most of the new all-weather pitch, over the summer term the PE department organised lunchtime six-a-side football and touch rugby leagues which proved very popular with pupils.

Jason Bekker, a former student and supply teacher, who now works in Bridgend College, ran a football festival with year-8 boys and a touch rugby festival with year-9 girls, bringing along some of the football leader students he lectures at the college.

Pupils also recently enjoyed a day of top cricket coaching provided by Brychan Tudor of Cricket Wales.

Pencoed Comprehensive School is very proud of the work put in by Dean Ronan and the PE department that led to them being selected as one of the runners-up in the Ospreys' Community Awards category of 'school hub of the year'.

This was announced in a dinner hosted by TV and radio presenter Kevin Johns, with special guests head of Welsh rugby Ryan Jones and Wales rugby international Justin Tipuric. Chris Cadogan, of Pencoed RFC junior section, was nominated as 'club volunteer of the year'.

Congratulations to year-10 pupils Sam Costelow, Will Chen, Tom Bending and Josh Sands on selection for the Ospreys' east under-16 squad. Josh has also been chosen for the Wales under-16 Rugby League squad.

At under-15 level, Curtis and Corey Palmer, Cameron Law, Kieran Stevens, Jay Penney and Jack Teisar have been selected for the Bridgend Dewar Shield squad.

Congratulations also to year-13 pupil Jacob Lloyd on being selected to represent Wales schools football under-18 in the Home Nations competition as their first choice goalkeeper. In the four games, he was twice man of the match.

End of term

CELEBRATIONS at the end of term included a 'record of achievement' assembly for year-11 pupils.

They had also arranged a prom at Coed y Mwstwr Hotel, which was enjoyed by all. The sixth form prom was held at the Hilton Hotel in Cardiff.

Both events went very well and we now look forward to seeing all the pupils again during the results days in August - A and AS on Thursday August 18 and GCSE on Thursday, August 25.

The end of the summer term can also be quite a

sad time as we bid farewell to staff that are leaving for pastures new: Mrs Pope (head of maths), Ms Sasha Davies (teacher of MFL) and Mrs Harwood (school manager). New and recent appointments include Mr Johnson (head of maths), Ms Needs (history and humanities teacher), Ms Lott (Welsh teacher), Ms McColl (PE teacher and cover supervisor), Mrs Harvey (assistant librarian), Ms Powis-Pugh (school manager), Miss Rhodes (science technician) and Ms Pavledis (LSA).

There have also been some internal appointments: Mrs McGukin (pupil performance co-ordinator), Mr Owen (head of Gwentian), Ms Clarkson (pupil receptionist), Ms de Klerk and Mrs Clements (administrative assistants).

Looking ahead

LOOKING forward to September, the senior citizens lunches start on Tuesday, September 6. Lunches are held in the school during term time at 12pm every Tuesday and Thursday.

If you haven't attended these lunches before please just come along to reception. Our sixth formers and canteen staff will be ready to welcome you.

FoPCS (friends of Pencoed Comprehensive School) meetings will resume in September, date to be confirmed. All current and new parents are welcome as well as anyone else from the local community aged or over 16 who is interested in supporting FoPCS's fundraising activities for the school.

'Friends' have enjoyed a busy end of term with the school show.

School staff and pupils are very appreciative of the time and effort made by members of FoPCS.

Thank you also to the large number of local businesses for their great generosity in providing raffle prizes.

Pupils welcomed

A special welcome to children that will be joining us in September as year-7 pupils... Pupils from the feeder primary schools spent two days in the school recently familiarising themselves with the school site, staff and routines.

Parents also visited the school for an information evening so, hopefully, any concerns that pupils (and parents) may have about going to the big school will have been allayed by these visits.

We look forward to seeing all pupils in school on Wednesday, September 5, refreshed after the summer holidays and ready for work!

LINDA HARWOOD



Year-7 football team winners.



Mrs Helen Williams, head of art, talking to guests.

WHO WANTS TO BUILD WHAT, AND WHERE, IN THE COUNTY BOROUGH?

Mr Lee Davies - 33 St Mary's View, Old House, Rhiwceiliog, Coychurch, Bridgend - Pencoed - Double storey Proposed alteration and extension to existing Mr Christopher Stratford - 6 Greenfield Avenue, Bridgend - Rear dormer extension to existing semi-detached bungalow. Mr M Khalil - Land rear of 44 Heol Llan, Mark T James - 1/2 North Cornelly - Erection of two three-bed detached dwellings (resubmission of refusal P/16/332/OUT. Mr Brad Bevington - 16 De Londres Close, Porthcawl - New three-bedroom dwelling in grounds of number 16 and new double garage Windsor Group - (for use of existing dwelling, 16 De Londres Close). Mr Lee Greenhall - 38 Hill - Approval of details for conditions 8, 10 and 15 of P/15/464/FUL. Mr Darren John - 45 Redlands Close, Pencoed - Two storey side and rear extension. Mark Taylor - Brynteg House, Main Road, Coychurch - Proposed single storey rear side extension. CRD Precision Ltd - Units 12 and 13 Ogmogre Crescent, Bridgend Industrial Estate - freezer extension within existing corral wall, yard and parking area in palisade fencing.

restaurant and new remote corral. Hannah Johnson - 49 New Road, Porthcawl - Change of use from funeral services to beauty salon. Gareth Pearce - Plot 12, land at Abergarw Farm, Brynmenyn - Two storey detached dwelling. Mr John Nash - Fairwood House, Rhyd Lane, Tan y Garn, Pen y Fai - Fell a number of broadleaf and conifer trees which are dangerous due to their condition and size. Greg Jones - 14 Heol Eglwys, Pen y Fai - Rear two storey extension and roof dormer window to existing dwelling. Mr John Clarke - 2b Waun Bant Road, Kenfig Hill - Change of use from shop/workshop into a two-bedroom flat. Mr David Washbourne - Cefn Gelli Farm, Bettws Road, Llangeinor - Retention of barns for agricultural use for farm. BCBC Education Dept - East of Heol Yr Ysgol, Tondur - New primary school with capacity for 420 plus 60 nursery places. AIM Sports Academy - Zone 3, Eastern Business Park, Bennett Street, Bridgend

Industrial Estate - for disabled child. Change of use from B2 to D2 Leisure (inc gymnastics, dance, trampolining, swimming pool) and two shipping containers. Steven Evans - 11 New Street Surgery - 3 Street, New Street, Aberkenfig - Demolish existing bathroom to single storey rear of property and extension (following removal of existing single storey extension) and remodel internal elements. Carol Griffiths - 17 The Retreat, Nottage, Porthcawl - Dormer extension to roof space front elevation. Malcolm Jones - 15 St George's Avenue, Wildmill, Bridgend - Single storey side extension.

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BONDI BEACH TO REST BAY... south Wales RNLI lifeguards' newest recruit!

A 24-YEAR-old who spent last winter lifeguarding on one of the world's iconic beaches is the newest recruit to the RNLI's Wales lifeguard team in time for its peak summer season.

Chris Emery spent seven months over the winter on duty on Sydney's Bondi beach, regarded as among the top jobs in the world of lifeguarding.

Now the Australian has made the long trip to Wales to join the RNLI's lifeguard team for the summer and will be mainly stationed on Rest Bay – one of four beaches in Porthcawl covered by a new RNLI seasonal lifeguard service for 2016.

Chris, whose every step on Bondi beach was followed by film crews making the 11th series of the popular *Bondi Rescue* show, said days where 25,000 people would flock to the beach and lifeguards would carry out more than 200 rescues were



Chris Emery on duty at Rest Bay in Porthcawl.

commonplace. Now he will be adding his experience to the south Wales' lifeguard team as it enters the busiest period of summer holidays.

Chris, originally from Perth, Western Australia, moved to Sydney and was selected from more than 70 applicants for the Bondi role last year, and said: "I am really pleased to be joining the Wales RNLI lifeguard team for the summer."

"It is a bit of a change from lifeguarding in Bondi – for a start there isn't a camera crew following us around! But seriously, the standard of training provided by the RNLI is excellent and the emphasis here is on preventing incidents."

It is Chris' second stint with the RNLI, after two seasons lifeguarding with the charity in Jersey in 2011 and 2012.

"I'm still getting used to the Welsh climate, but I'm wrapping up warm on the cold days!"

"The RNLI is providing a lifeguard service on more beaches in Wales this year than ever before so it's a great time to join the team."

The RNLI provides a daily lifeguard service on 39 beaches across Wales, with lifeguards on duty daily on all beaches between 10am and 6pm throughout the summer holidays.

This year lifeguards have begun new seasonal services on Rest Bay, Pink Bay, Coney Beach and Trecco Bay in Porthcawl, Rhyl



and Prestatyn beaches in Denbighshire and Three Cliffs Bay on Gower.

Jacob Davies, RNLI Lifeguard Manager, said: "It's great to have Chris on board with us this summer and we hope his experience of lifeguarding in different corners of the world will be a valuable asset to our team."

"The summer

holidays have kicked off so we are in the busiest period of the year on the beaches and our lifeguards are on hand every day throughout the summer to provide information and advice on safety to visitors."

Chris (far left) spent the winter lifeguarding on the world famous Bondi Beach and features in series 11 of the *Bondi Rescue* show.

Go to the **The GEM** for the latest stories and breaking news...
www.bridgend-today.co.uk
www.porthcawl-today.co.uk

Meet your rugby idols at Vale of Glamorgan Show

OIL 4 WALES will have Llanelli Scarlets rugby idols Ken Owens and Rob Evans at its Vale of Glamorgan Show stand on August 10 at Fommon.

The family-run, leading oil distribution company's brand ambassadors will be available to meet fans and pose for photos.

Oil 4 Wales will be running a competition to give entrants the chance of winning two tickets to see a Welsh International rugby match, or two World Rally spectator passes for the Wales Rally GB or an invitation to join the Spencer Sport rally team on a test and demonstration day.

It will also be offering free refreshments to all customers, guests and friends.

Colin Owens, managing director of

Oil 4 Wales, said: "We're looking forward to attending the Vale of Glamorgan Show as there's always a great atmosphere. We feel there is a great affinity between us, a truly Welsh independent company, and the agricultural shows which aim to showcase the best of Welsh produce."

"Hopefully the weather will be good and we'll get a great turnout."

Oil 4 Wales was set up in 2010 by Colin Owens, with the aim of creating an independent oil brand that focused on providing a good deal to the communities of Wales.

It now supplies over 60,000 customers in Wales with a range of fuel services to homes, businesses, commercial premises, agricultural and retail premises from its eight depots in Brecon, Cardiff, Blaenau Ffestiniog, Carmarthen, Felinfach, Milford Haven, Newtown and Shropshire.

Fitness promise

MORE than 120 public-sector workers, as well as third sector staff and some representing the private sector said they would "Promise to Move You More", at a recent seminar.

The event, held at Swansea University's Bay campus and hosted by ABMU Physical Activity Alliance, discussed a new strategy to encourage people who live in the region to build regular exercise into their everyday lives.

An example of how simple this can be was provided by John Wyllie, of the Daily Mile Foundation. He told the audience about a regular 15-minute walk for pupils – dubbed the "Daily Mile" – which had been introduced into Scottish schools.

Its success in improving children's fitness and wellbeing has led to it being adopted in many parts of the UK as well as in playgrounds across the world.

"It's free to do and children really want to do it. It's about removing barriers to activity – no kit is needed, no changing rooms and it can help make children fit for life."

Adults, too, were encouraged to become less sedentary – especially at work. Suggestions include using stairs instead of a lift and taking a lunchtime stroll with colleagues.



Oil4Wales
Olew dros Gymru

Oil 4 Wales brings rugby heroes to Vale of Glamorgan Show



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Olivia (20) crowdfunds to follow her musical dream

A 20-YEAR-old local girl has started a crowd-funding appeal to help with the costs of going to drama school, after being accepted by a top London college.

Olivia Hopper lives in St Bride's Major and went to Cowbridge Comprehensive School, where she starred in a number of productions – but that is by no means the end of her CV.

Olivia was a regular with the acclaimed Bridgend Youth Theatre (BYT) and took lead roles in *Jekyll and Hyde – the Musical*, and played the renowned role of Maria in *West Side Story* earlier this year.

In Cowbridge, she first featured playing the young Cosette in *Les Misérables*, and moved on later in school to play the female lead of Joanna, in Stephen Jonheim's *Sweeney Todd*.

That was a role she went on to play in Cardiff in the Everyman Theatre's prestigious open air show in the summer of 2015.

On her fundraising page, Olivia writes: "After a few years of auditioning for drama schools around the country, I have been lucky enough to gain a place on the musical theatre foundation course at Arts Educational School in London.

"This particular course is not funded by

the Government and there are no scholarships available, so I have to fund it myself.

"Due to the price of the course I really had to consider whether it would even be possible to accept my place but it has been my dream for so long, I couldn't possibly turn down the opportunity to start my drama school journey.

"It is extremely hard to put into words how important and beneficial this course will be for me and any donations made will be very appreciated, it will mean the world.

Even the smallest of donations will help me achieve my goals and live my dream!"

Full details of how to support Olivia, who has set a £500 target for the appeal, can be found on www.gofundme.com/2d7fefnk.

When the BYT performed *West Side Story* earlier this year, The GEM's review had this to say:

"Olivia Hopper has a stunning soprano voice and her acting, particularly in the duet with Anita, 'A Boy Like That', was very strong."

It's not an easy task to make your mark in the highly-competitive world of drama, but vocally, Olivia has proved time and time again that she has the potential.

REPORT by PHILIP IRWIN



Olivia on stage as Maria



Olivia Hopper (second left) with fellow cast members of BYT's West Side Story.

No appointment necessary: GP advice available 24 hours a day

A NEW website has been launched by GPs in Bridgend giving patients health advice and information without the need for an appointment.

Pen Y Bont Health (PYB) is the first federation of GPs in Wales, formed by six Bridgend practices: Ashfield, Newcastle, Oak Tree, New Surgery, Pencoe, Pencoe Medical Centre and Riversdale.

PYB have set up a dedicated website giving, it is claimed, the same advice and information given to patients during appointments.

The website, www.pybhealth.com, contains information on common illnesses, do's and don'ts, childhood complaints, and health and wellbeing topics including smoking cessation, diet and exercise.

Dr Gail Price, of Pencoe Medical Centre, explained: "Often patients attend appointments for our advice because they can't access it any other way. This website does just that. My GP colleagues and I have put our advice in one place for all our patients to access whenever they need it, including when surgeries are closed."

Patient representative, Bethan Richardson from Oaktree Surgery, who, together with other patients advised on the content of the website, added: "This is a really good source of reliable information from our local doctors. I will certainly be looking here first for advice on minor illnesses and injuries."

PYB patients can also use the website as an aid to help them make informed choices – do they need to see a doctor, or are there small

steps they can take to help themselves at home?

It is thought that around 25-30 per cent of patients who go to see their doctors didn't always need the appointment.

GPs hope that the information on the website will lead to fewer unnecessary appointments, making it easier for patients who have a greater need for a face-to-face consultation to access doctors.

Maesteg town is fully in bloom!



ABOVE: Mayor, Coun Mrs J Terry, with Coun M Harper, Coun I Williams, Coun P John, and Coun DK Edwards. Photo by Scenic Gallery.

AS you can see ABOVE, Maesteg is in full bloom this summer with lots of flower displays. A council spokesman said: "We have a wonderful display of flowers and new benches, so it's now a pleasure to stop, sit and stare."

"So people should take their time on a lovely sunny day to sit on our new benches and admire the flowers."

"New benches have been installed, and soon new street bins will be fitted. It is all helping to improve appearance and brighten up the town."

Busy Sunday for Porthcawl RNLI

SUNDAY, July 31 was a busy afternoon for Porthcawl's RNLI lifeboat crews who safely rescued three people who found themselves in imminent danger in two separate incidents.

Just before 2pm, RNLI volunteers were called to rescue a kayaker who had capsized. He was in the water and unable to climb back on board his kayak off Ogmere by Sea.

An Atlantic 85 lifeboat, *Rose of the Shires*, was on scene within 15 minutes of the initial alert and rescued the kayaker who had been swept eastwards towards rocks at Ogmere Deep.

The lifeboat crew was directed to the casualty by members of the public pointing from the rocks above. Too close to rocks for the lifeboat to get alongside, a crewmember swam to the casualty with a line and both were pulled back aboard the lifeboat.

The casualty was taken back to Porthcawl

and checked over but no further medical assistance was required.

Coastguards paged Porthcawl crew for a second time shortly before 5.30pm to two people cut off by the tide, east of the RNLI station, near Witches Point at Southerndown.

Two lifeboats were launched and the casualties were rescued by the D Class vessel.

The casualties were transferred to the larger Atlantic 85 lifeboat and brought safely ashore at Porthcawl lifeboat station.

Lifeboat operations manager at Porthcawl, Philip Missen, said: "This afternoon proved yet again the value of our lifeboat service and the dedication of our crews. At this time of year, we get people cut off by the tide along our coast, especially east of Porthcawl."

"I would like to re-emphasise the importance of checking tide times before venturing along some of our beautiful coast."

"I would like to say how important it is for all watercraft users to have some form of buoyancy aid and a means for

calling for help should the need arise."

Web only: Click here (URL) for video from the RNLI of the rescues.

<http://www.rnlivideolibrary.org.uk/getvideo.aspx?vid=WVCedOC1>

PACT meetings

REST BAY and NOTTAGE PACT at Nottage Scout Hall, Nottage on Tuesday, August 16 at 8pm.

BRYNTIRION, LALESTON and MERTHYR MAWR PACT at Laleston Gardening Club, Laleston on Thursday, August 18 at 7pm.

LITCHARD, PENDRE and COITY PACT at Litchard Mission, Litchard on Thursday, August 18 at 7pm.

NEWCASLE PACT at Westward Community Centre, on Monday, August 22 at 6.30pm.

CEFN GLAS, LLANGWYDD and BRYNHAFRYD PACT at Westward Community Centre on Monday, August 22 at 6.30pm.

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'AVAST THERE, ME HEARTIES, PIRATES FORE AND AFT IN TOWN SEA FESTIVAL!'

Report and photographs by
KEITH E MORGAN

IT was another sunny day for Porthcawl's Sea Festival last Saturday (July 30), the theme for this year being 'Pirates' and, by gosh, there were plenty of them.

They must have landed early in the morning on the big pink pirate ship moored at Cosy Corner, and then made their way along the promenade to the Grand Pavilion.

It was on the promenade that the Mayor of Porthcawl, Coun Robert Lee, mustered his young pirates on parade for inspection and awards to the best dressed.

First prize of a treasure chest of goodies went to young Bethan from Kenfig Hill. Second prize went to buccaneer Oliver and parrot Polly from Porthcawl.

The third prize, and the last of Porthcawl Town Council's treasure chests, went to a very smartly turned out privateer named Olivia.

All the runner-up would-be pirates were allowed to dip their hands into the council's tin of chocolate Euros and take their fill.



LEFT:
Tom Jones' lady pirates from Pontypridd.

BELOW:
Pirate Mary and some potential pirate prize winners.



ABOVE: Thai food tent with Three Little Maids Pim Morgan, Weaw Kimpton and Yuay Gould from Little Thailand in South Cornelly.



ABOVE: Robbie Owen and the Caribbean tin band.



ABOVE; Joining in the fun on John Street.



ABOVE: Punch and Judy man Mr T Ricks.
LEFT and below: Pirates' invasion.



ABOVE: Two 'rum' ladies from Sandville.



ABOVE: Pirates have landed – Pirates Lorrie, Mary and Tracy with their pink pirate vessel at Cosy Corner.

'Inflexible determination to continue struggle to the end'

PORTHCAWL NEWS, AUGUST 1916

Trevor Thomas.



Walter Mertz.



New Road.



AT 7.30pm on Friday, August 4 1916, a meeting was held to commemorate the second anniversary of the declaration of war.

Held on The Green, in front of the Seabank Hotel (then a boys' college), it took the form of various dignitaries speaking on the resolution, "Declaring inflexible determination to continue the struggle to a victorious end." (Porthcawl News August 1916.)

Among those who attended were the Lord Mayor of Cardiff, Dr RJ Smith, Mr George Blundell and Porthcawl councillors TG Jones, RE Jones and TE Deere.

It is not inconceivable that this patriotism was fuelled by the news from the front, as the Battle of the Somme continued. Yet that week, it was news of a Porthcawlian dying in an accident that cast a gloom over the town: 2nd Lieutenant Walter Scott Mertz's death was reported in, both the Porthcawl News and Wallingford Times, Berkshire, on August 3.

Having survived the Gallipoli campaign with the 2nd South Midland Mounted Brigade, as a Lance Corporal, on June 8, 1916 he had been transferred to the Royal Engineers; being granted a commission on June 15, 1916.

On July 28, 1916 while arranging billets for his men, 2nd Lt Mertz was killed on the Abingdon Road on his way to Didcot when his motorcycle collided on a 'hairpin bend' with Superintendent Foster's car coming in the opposite direction.

Lt Mertz, 33, was thrown from his machine and as a result died of a fractured skull. His body was brought home to Porthcawl for burial in St John's Churchyard, Newton.

Walter Scott Mertz had been born to Franz and Elizabeth Mertz on August 11, 1883 in Treherbert. His father, Franz, was born in Baden, Germany and had arrived in Merthyr

Tydfil in the late 1860s, where he met and married his wife Elizabeth Hannah.

In the 1891 Census, the couple are found living in Aberdare where Franz worked as a fancy china dealer. On Franz's death in 1898, Elizabeth moved to 'Hannaston', 36 Esplanade Avenue, Porthcawl ('Lorelei' today) where she died in 1930.

On leaving Pontypridd Intermediate Secondary School, Walter was employed as a draper's assistant by William Jarvis of Aberdare. In 1908, he enlisted in the Berkshire Yeomanry as a trooper. In the 1911 Census Walter is found in South Shields, employed as a fancy draper.

While in the north-east, Walter was a member of 2039 Londonderry Lodge, Masonic Hall, Park Terrace, Sunderland; which today stands in the grounds of Beamish Museum.

On August 11, 1914 his 31st birthday, he enlisted, as a motorcycle dispatch rider to the South Midland Mounted Brigade. What is so sad is, that after his death, his fiancée and mother contest his will, which is overseen by the Metropolitan Bank in Porthcawl (Costa today). Elizabeth Mertz, his mother, won her claim.

There would be another military funeral held at St John's Churchyard that August: John Campbell from Lanarkshire, Scotland born in 1890, enlisted into the 5th Battalion Queen's Own Cameron Highlanders in August/September 1914 at Inverness.

The Cameron Highlanders landed in France in October 1915 as part of the 9th Scottish Division. Involved in heavy fighting on the Somme on July 16/17th, John Campbell was wounded. Along with two other soldiers from the same battalion, Donald Macloed and William Colman, he was transferred to the 3rd Western General Hospital, Cardiff.

John had suffered

serious wounds in his thigh and shoulder from shrapnel; plus severe shellshock.

On August 8, 1916 he and his fellow comrades were transferred to The St John's Auxiliary Hospital, Rest Bay, Porthcawl to convalesce. John had recovered well from his wounds, which potentially meant a return to active service.

On Tuesday, August 24 1916, at 10.30am William Watts of 2, Philadelphia Road retrieved his body from the sea opposite the Sea Bank Hotel, Porthcawl. An inquest was held into his death a week later, at Porthcawl Police Station.

Patients at the Rest Home spoke of how he hardly spoke during his time there, yet on the day he disappeared, he had been medically certified as fit for discharge and had talked about going away. John's clothes were found on the rocks near where he had entered the water.

Whether his death was an accident, or whether he took his life, remains a mystery. The inquest returned an open verdict of 'Found drowned'. Members of the local training corps under the command of Sergeant William Farrow led the funeral procession and men from his regiment carried the flag-draped coffin.

Following the coffin were John's two brothers, Alec and Robert, who had made the journey from Lanarkshire; and wounded soldiers from The Rest. His brothers declined to take his body home.

Amid the pain of war, life in the town continued. Near the Queen's Hotel, New Road, Lily (The) White Hand Laundry had been reported for emitting excessive smoke from the premises. Although Fred and Mabel Felton, proprietors, had changed the type of coal they used the problem still existed. Consequently the laundry moved to Cardiff and thus did the problem.

Mr William Rees,

Apothecary Cottage, Nottage died aged 84 years old. At the inquest into his death, which recorded a verdict of 'Death from natural causes', it became known that Mr Rees had worked as a coal trimmer at the Porthcawl Dock, from the time it opened in 1865 until the day it closed in 1902.

On August 16, a very successful fete was held in Porthcawl, with 'thousands of visitors thronging the streets and Esplanade.' (Porthcawl News August 1916.) All proceeds were for the Porthcawl soldiers at the front.

Private Jack Turner, RAMC who had been at the front since the start of the war, and whose regular reports home to the Porthcawl News were keenly read every month, had been badly injured in the back, while stretcher-bearing. Jack's part in the war was finished; yet on returning home he continued to work locally for the Porthcawl News.

However, on August 21, two Porthcawlians were killed: Private Trevor Arnold Thomas, 15th Battalion, Royal Welsh Fusiliers, who had survived Mametz Wood was shot by a sniper near Bosinghe, north of Ypres; Corporal John Ormonde Rowe was killed in the trenches of Ploegstreet, south of Ypres.

Finally, on August 25, Sergeant John William Ridall, 7th Battalion, Duke of Cornwall's Light Infantry was believed to have been killed by shellfire. The account of his death highlights the brutality of war.

In a letter to Mr Ernest Albert Williams of Philadelphia Road, Porthcawl, Sergeant S Dainty relates - "Sergeant Ridall left the trenches on 25/8/16 to go to the dressing station in the company of a stretcher-bearer. He was not wounded but suffering from shell shock. The man whom he was with was found a day later killed by shellfire; and no trace could be found of Sgt Ridall. No notification has since been received

Porthcawl Dock 1885.



Seabank College.



of his admittance to any field ambulance or hospital, and it can only be concluded that he was killed."

Sergeant Ridall's body was never recovered.

John Ridall, born in Leamington Spa, had worked on the Porthcawl railway before the war and had been engaged to be married to Ernest's daughter, Evelyn Williams. The wedding had been set for later that year.

Sadly, due to the great loss of life, once again it has proved difficult to do justice to the biographies of the fallen. Should you wish to read their full stories, A Somme Commemorative Booklet is available from Porthcawl Museum, price £5.

CERI JOSEPH

The headstone of J Campbell.



'How sober lessons from the past can stress awareness of our shared destiny'

I WAS abandoned as a baby outside a library... my two older sisters had left the pram outside, gone in to choose new books, and then walked home discussing their choices

Imagine my mother's reaction when they arrived home and replied to her question with – "What baby?"

I was found some time later by my terrified mother fast asleep, safe and sound in my pram, still outside the library!

Just to give an idea of my age, this was before mobile phones, before it was possible to ring the library – and before it was unusual to see babies in prams left outside buildings and shops which had no ramped access.

I was fine, my sisters learned a lesson, and my mother never trusted them with the baby again – and I still love libraries and books and the worlds they can open up.

I have been thinking and talking about the past a great deal over the last few weeks. The publication of the Chilcot report encouraged us to reflect on mistakes made and lessons learned, and the Trident debate required us to look back in order to plan for the future.

I have also visited the D Day battlefield of Normandy with a group of defence-minded MPs and been shocked by how high the death toll was in the first 80 days – 600,000 civilians and 500,000 Allies killed.

It was estimated that nine out of 10 pilots were lost on each raid. The tales of individual courage and leadership were inspiring, the overcoming of impossible odds and the ingenuity of people to overcome adversity as ships carrying essential supplies were sunk.

I kept thinking of what it must have been like to wake up in numerous, Porthcawl-like towns on June 6, 1944 and hear of Allied Forces fighting their way across the beaches to retake most of the European continent. There must have been joy and fear in equal measure. I say, Porthcawl-like towns, because training took place on our beaches and dunes. Conditions were said to be similar to Normandy and provided the opportunity to plan, prepare and prepare again.

Secrecy was everything: two carpenters sent to erect a giant jigsaw puzzle on the wall of a country house told their wives they would be back in two days. When they realised it was a map of southern Britain and northern France to assist in the invasion, they were detained and prohibited from communicating with the outside world for six months until the invasion was over.

Can you imagine the outcry if we saw such death tolls today? If masses of equipment was lost and our invading forces were forced to cope without equipment, medical supplies and reinforcements. If two carpenters disappeared inside a government location and did not return and no explanation was

WESTMINSTER NOTEBOOK

Bridgend MP MADELEINE MOON writes an exclusive report from Westminster for GEM readers.



given! The villages of Normandy were flying US, Canadian, British and French flags. Their graveyards had Allied graves alongside them. For those villages, it is not a forgotten past, a time long ago, the liberation is remembered every day.

The generation which fought in those battles and saw the soldiers pass their homes are nearly all gone.

What would they have recognised in today's world? A Russia that is rearing, a Middle East in turmoil, China making threats to those who come too close to its man-made islands in busy merchant sea lanes.

Back then, a letter to or from an MP was a huge occasion. On Monday morning, there were 280 emails on an urgent local issue which needed an immediate reply because of their gravity; they jumped the queue but replying to that many emails takes time.

Now I find abusive emails and attacks on Twitter if an email is not responded to in two or three days. It may be one of over 1,000 waiting to be answered with multiple other commitments to be met, but 'my' email is being ignored.

A colleague received 20,000 abusive emails and attacks on social media over a matter of days. Others have received death threats.

Some are telling me it reminds them of Germany in the 1930s, when anger and frustration boiled over and scapegoats were invested. I don't agree. Whatever is ahead of us as we face terrorist threats, military threats, financial and political uncertainty, the only way forward is to somehow re-find that sense of shared destiny. Not 'my' destiny, but 'our' destiny, 'our future' for 'our children'.

I think that's why I like libraries. They are a daily reminder of our willingness to share knowledge, pleasure and social space. Just watch out for those prams. You never know!

PS It's August, my staff and I are taking leave and though letters and emails will be replied to, things are going to slow right down and I have already voted for Owen Smith.

Memorial game for legend Lyn at rugby club

by GEM REPORTER

A 'Lyn Dolman Memorial Rugby Match' will take place at Llantwit Major RFC this Sunday, August 7 (kick off 2pm).

Lyn, who passed away last October 3, aged 52 after a 10-month battle with cancer, was one of the town's most popular and endearing characters.

He spent his early childhood in St Athan, before moving to Llantwit, attending the comprehensive school and joining the rugby club, where he played at all levels, as well as coaching.

Anyone meeting Lyn for the first time found him charming, funny and generous.

The memorial match will feature Llantwit Major Veterans against Bridgend Athletic Veterans.

A spokesperson said: "Lyn was a legend at the club and is sadly missed. There will also be a barbecue, entertainment and a DJ until late."

Proceeds from the day will go to Cancer UK.



Ty Tanglwyst herd takes NMR 'Lifetime yield' award

Lian Sawdon, NMR customer account manager, Rhys Lougher, and NMR national field manager, Jonathan Davies.



RHYS LOUGHER from Ty Tanglwyst Farm, Bridgend, collected an award at the Royal Welsh Show on July 21, as runner-up in the Welsh Herd Competition's NMR Lifetime Daily Yield award.

Rhys, with help from his wife Emma, farms in partnership with his parents, John and Liz, and grandparents Richard and Mary.

They milk 110 Holstein cows and process their milk for doorstep deliveries, local retail outlets, ice-cream makers, pubs and restaurants. They also make cream and 'award winning butter', taking the 'Supreme Champion' with their butter at the Royal Welsh Show this year.

Recently, they have

started supplying prestigious London store Fortnum & Mason with butter rolls, and demand so far has been strong.

Yet success in the retailing sector has not diverted attention from the management of their dairy cows.

Cow numbers and average yields have increased and earlier this year, they moved into NMR's top 20 national rankings for fat and protein production.

The herd average

yield stands at 11,653kg at 3.79 per cent butterfat and 3.09 per cent protein, with heifers averaging 10,455kg at 3.89 per cent butterfat and 3.07 per cent protein.

This latest award highlights the herd's average lifetime daily yield as one of the highest in Wales.

NMR field manager Jonathan Davies from Llanwrda, Carmarthen, said: "This award reflects good health,

welfare and fertility, along with milk production.

"To have a high herd average, in Rhys's case 16.6kg/day, the cows have to be happy and healthy with few health, lameness and fertility problems and good milk yields.

"Rhys and his team achieve this through high standards in herd management and good use of his herd records which allow him to monitor progress."

STROKE SURVIVORS SET THEIR SIGHTS ON SHOOTING SUCCESS

RIGHT: The Stroke Tondy shooting group has Steve Morgan on target and leading in his division.

STROKE survivors are gunning for success at Tondy Target Shooting Club, after being introduced to the sport by the Stroke Association (SA) and Bridgend County Borough Council.

The Stroke Association has worked with the council's disability sports officer to arrange taster sessions at the shooting club, and a group of members who form the 'Stroke Tondy' team have developed expertise in the sport.

The Stroke Tondy team competes against clubs from all over Britain. Stroke survivor Phil James, who competes in division one of the rifle and air pistol leagues, said:

"We really enjoy being able to compete in the sport but it's also an important opportunity for us all to have a support network and social group. "We learn from each other and feed off the banter that goes on between us."

Cabinet member for adult social care, health and wellbeing, Coun Phil White, said: "It's great to see that so many of the stroke group at Tondy Target Shooting Club are excelling in the sport. It's especially pleasing to know that



they are able to take part in an inclusive league where disabled and non-disabled shooters compete together."

If you have a disability and want to find out what sporting opportunities are available in the county borough, or are keen to try a specific sport, contact Gareth Walters, the council's disability sport officer on 01656 815220 or email aypd@bridgend.gov.uk.

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It's all in a day's work for Bridgend Male Voice Choir!

VARIETY is the spice of life for members of Bridgend Male Choir, with their most recent performance an early morning outdoor appearance at Bridgend Municipal Bowls Club.

The club hosted the home international championships for the ladies' under-25s tournament series. The choir also appeared at a midday wedding in a lovely setting at St Mary's Church, Coity.

Next up is an engagement for the Kennel Club at the Royal Welsh Showground, members' enclosure.

BMC is delighted to

share the concert with the ladies from the local town's choir, which will in turn be hosting a return visit from the Bridgend choristers early next year.

Close on the heels of this engagement is a midweek dinner performance at the National Museum of Wales.

An invitation from the Football Association of Wales celebrating the Champions' League final, which is to be hosted at Cardiff in 2017, has been well received by choristers.

After these engagements, choristers will be looking forward to their annual concert on September 9.

Full details on the choir's website www.bridgendmalechoir.co.uk

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LIVES ARE IN DANGER... 'Keep off the railway line' trespassers are warned

BRITISH Transport police have issued an urgent warning to young people, following a 19 per cent rise in reports of trespass over the summer.

Along with Network Rail they are urging parents to warn their children of the dangers of playing on the tracks.

"Over the past 10 years, almost 170 young people in the UK have lost their lives after trespassing on the railway.

"The data shows that just under half of those killed are under the age of 25," said Tracey Young, community safety manager for Network Rail Wales.

"We are urging parents to remind their children that if they are on the railway, they are on dangerous ground.

It may seem like a good idea to take a shortcut, or like fun to play on the tracks, but this is not only illegal, but is also dangerous.

Officers from British

Transport Police are stepping up patrols across the region, said Inspector Mike Edwards: "The last thing our officers want to do is knock on someone's door to tell a parent their child has been killed or seriously injured as a result of trespassing.

"We're doing all we can to keep young people safe by patrolling areas where we know they're likely to trespass and prevent them from doing so.

"However, we cover thousands of miles of track and we cannot tackle this issue alone.

"That is why we are urging parents and young people to heed this warning and take a reality check when it comes to trespass.

"It's not a game: they are real tracks, with real trains and real life consequences."

To find out how to keep your children safe on the railway this summer, visit www.networkrail.co.uk/safety-education/information-for-parents/.

THE recent annual concert of the Barry Male Voice Choir was "undoubtedly a flagship event," reports choir secretary, Richard King.

The choir – ever increasing in number and quality – and cello soloist Ben Tarlton provided a thrilling evening of memorable music.

Former Yehudi Menuhin student Ben, now studying at the Guildhall School of Music and recently returned from recitals in Europe and the USA, was delighted to add Barry to his list of prestigious venues.

A capacity spellbound audience was hushed by Ben's virtuoso performances, accompanied by his mother, Sally.

A performance of the choir favourite 'Tangnefeddwy' (The Peacemakers), performed by permission of composer Eric Jones, was memorable.

The cello arrangement, composed by Ben and his parents, brought a new

dimension to the evening. Dramatic and tender voices and cello evoked the passion and emotion of the story of the bombing of Swansea in 1941.

Three Welsh hymns provided a fitting emotional ending to a varied concert programme.

Mr King added: "Barry Male Voice Choir is moving onwards and upwards. New challenges lie ahead. The choir remains indebted to its talented and inspirational music team of musical director Dorothy Connell and accompanists Emma Arscott and Sally Tarlton."

Further news of the choir can be found on its website and new members are always welcome.

RIGHT:
The choir with
Ben Tarlton.



Roald Dahl 'Golden Ticket' hidden at the Vale Resort!

RIGHT: Stephanie Metson, marketing manager, and right, Molly Mann, e-commerce executive.

THE Vale Hotel Resort at Hensol, is giving young guests the chance to find a Golden Ticket and join in the celebrations marking the centenary of Roald Dahl's birth.

During the summer, each child on a family break at the resort will receive a Roald Dahl goody bag, which will include one of the author's books and a pack filled with quizzes, games and activities as

part of its 'Big Friendly Getaway'.

A Golden Ticket will be hidden inside two of the books and the lucky children will win a £50 Odeon cinema voucher to see the new Steven Spielberg adaptation of Roald Dahl's *The BFG* with their families.

The resort will also be running a drawing competition, asking children staying as guests to invent the best chocolate bar, with the winner getting a collection of 15 Roald Dahl books.



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New book will honour local hero who died on Dam Busters' raid



LEFT: John Heideman, Belinda Brown and Barri Hurford-Jones outside the house in Castleland Street, Barry.

THE only Vale of Glamorgan man to take part in 'Operation Chastise', the famous Dam Busters raid over Germany, was Sergeant Gordon Yeo from Barry.

Front gunner in Lancaster AJ-A Apple, he was in the first wave of bombers to attack the Möhne Dam on the night of May 16, 1943.

They dropped their 'bouncing bomb' from low level and scored a direct hit. Shortly afterwards, the first of the three dams gave way and vast quantities of water flooded the Ruhr valley to make a severe dent in the German war effort. The raid was declared to be a strategic success.

But the cost in terms of human life was enormous. After successfully crossing Germany en route for home, AJ-A Apple was shot down by one of the last anti-aircraft batteries located on the coast of Holland. It was one of the eight

that failed to return, resulting in the loss of 56 lives.

John Heideman, a Dutchman living in Castricum, asked for assistance with a book recording details of the event. Although no longer living in Barry, I was able to supply some background and had the honour of being taken by him to the crash site (a sandbank near the beach at Castricum) and to the cemetery at Bergen, where all members of the crew are buried.

Later that same day, my wife and I gave a talk to sixth-form students at a local college, highlighting this enormous contribution to the British war effort at the time.

Now in the late stages of producing his book, John Heideman visited Barry recently

and spent some time at the former home in Castleland Street of the Yeo family. The present occupants, Mr and Mrs Atkins, were intrigued to learn that the house was the former home of Barry's only Dam Buster.

Also present were Mrs Belinda Brown, a relative of Gordon Yeo, together with her father, 92-year-old Fred Seal, who used to live next door to the Yeo family in Castleland Street.

Spending his war service as a bomb aimer on Liberator aeroplanes, he appreciated more than most what Sgt Gordon Yeo and the rest of the Dam Buster squadron had to go through to achieve their target aims.

BARRI HURFORD-JONES

A plea to help restore fountain pool at historic Dyffryn Gardens

DYFFRYN Gardens, National Trust property, is fundraising throughout 2016 to restore its fountain pool.

Chris Flynn, head gardener at Dyffryn, said: "The fountain should be a grand spectacle in the middle of the great lawn; instead, it is a disappointing concrete hole."

The fountain has laid bare and empty for many years and following the success of its previous garden restoration project, Dyffryn has set its sights on restoring the fountain to its former glory.

Dyffryn Gardens estimates that this project will cost around £75,000, half of which is expected to come from public donations. The hope is that this target can be reached towards the end of 2016, enabling work to begin in 2017.

"From photographs we can tell that it had one tall fountain in the middle with smaller fountains around the outside."

"We aim to restore all of this and bring some of the grandeur back to the great lawn and we'd love the local community to get behind this project so we can conserve this amazing place for them for the future."

For more information on Dyffryn Gardens please visit www.nationaltrust.org.uk/dyffryn-gardens.

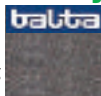
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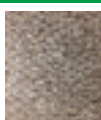
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Vale Council officers pay tribute to colleague who died in cycling accident

THE Managing Director and the Leader of the Vale Council have paid tribute to Jennifer Hill, the Director of Learning and Skills, who died in a cycling accident in France, in the Pyrenees at the weekend.

Rob Thomas, Managing Director, said: "I, like colleagues across the council, was shocked to hear the news of Jennifer's tragic death.

"Those of us who worked with Jennifer will remember her not only as being hugely talented, but also for being extremely committed to her role, and to improving the standard of education in the Vale.

"Jennifer's work was admired far beyond the Vale and her tragic death is a great loss to her profession.

"The greater loss is of course to Jennifer's family, friends and colleagues. Having worked closely with her for several years, I feel very fortunate to have been able to call Jennifer both a friend and colleague.

"Her compassion was unbreakable, in even the most testing of circumstances, and she will be deeply missed."

Jennifer's family issued the following short statement:

"Jennifer was a devoted mother and treasured wife. We are so proud of her dedication to her work and many



Jennifer Hill, pictured at Buckingham Palace, when she accompanied a group of young people to a Duke of Edinburgh award presentation.

achievements both in the Vale and earlier in her career.

"She strove for nothing less than the best, whether it was cycling, running, or tending our beautiful garden. Nothing can replace her."

Mrs Hill, who had been responsible for schools across the Vale as well as the council's adult community learning service, youth service, and libraries, joined the council in 2012 and had overseen the

county's best-ever exam results and seen the improvement of the council's education service praised by inspectors.

Coun Neil Moore, Leader of the Vale Council, said: "Jennifer was a public servant of great distinction. She was an incredibly able, professional, and compassionate director for this council and someone who truly epitomised the values of her profession.

"Jennifer's work has had a very real impact on the prospects of learners of all ages in the Vale. Her dedication to improving education was hugely respected both throughout the Vale and beyond.

"Jennifer's passing is an absolute tragedy and a huge loss to her family, friends and colleagues. She will be greatly missed by all who knew her and will leave a space that cannot be filled."

As well as her role with the Vale Council, Jennifer Hill was a key figure within the regional Central South Consortium Joint Education Service, of which she was lead director in 2013.

Jennifer joined the Vale Council in 2012, having previously worked as assistant director of the schools and children's services department for the London Borough of Enfield.

Hometown girl Llinos back on her TV sofa

FOR much-travelled TV presenter Llinos Lee there is no place like home – Barry in the Vale.

She is now back on the sofa of S4C magazine show *Heno* after a "hectic" summer. Llinos, who lives with husband Huw and three-year-old son Guto Prys, in the seaside town said: "It has been an amazing summer for Wales; the football team especially have put the language on the map. The fact that global brands such as Coca Cola and Budweiser have put the language on their products shows how much the Football Association of Wales and the players have done to boost our country and culture.

"And I was lucky enough to welcome the football team back at Cardiff Airport and the winning cyclists at Paris Champs-Élysées. What an experience!"

She is a familiar sight in the local community, raising money for local charities and involved in local events such as the music festival 'Glastonbarry' and Welsh society Afiaith.



Llinos Lee.

Primary school's performance receives praise

DINAS Powys Primary School was highly praised for its performance in its recent Estyn inspection.

The school's prospects for improvement were rated as excellent, the highest available. The report highlights many strengths of the school, including the provision of effective learning experiences, good teaching, an excellent learning environment and excellent leadership.

Headteacher Julie Thompson said: "We are absolutely overwhelmed to have received such a fantastic Estyn report. The school was only amalgamated in January 2015 and we have achieved so much in that time."

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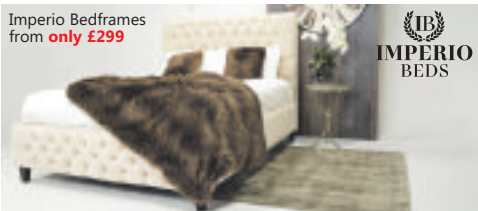


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Assembly target is one million Welsh speakers by 2050

AN ambitious new target to double the number of Welsh speakers to one million by 2050 was officially launched by the First Minister at the National Eisteddfod in Abergavenny on Monday (August 1).

The Assembly's consultation paper sets out plans to "create a Wales which responds to the growing demand for Welsh-medium education, and increase the number of people learning and able to use the language with their families, in their communities and in the workplace."

The proposals recognise the need for the Welsh Government to lead the conversation but also work in partnership with many other institutions and organisations towards making the Welsh language central to public life in Wales. The consultation runs until the end of October.

First Minister Carwyn Jones, AM for Bridgend, said: "We are a proudly bilingual nation. The Welsh Government has always recognised the significant contribution our language has made

on our past, history and living culture, and will continue to do so:

"Since devolution, we have demonstrated an unwavering commitment to preserving and growing the language. In 2011 we introduced legislation to protect the future of the language, and we are confident the discussion we are launching today will continue to help us grow the language so it thrives as a vibrant, living part of our communities."

There was, however, a sceptical response from Conservative Welsh language spokesperson, Suzy Davies AM, who said: "Whilst Welsh Conservatives applaud any plans to boost the number of Welsh speakers, the devil will clearly be in the detail of these plans."

"In recent years, we've seen strategy after strategy launched by Welsh Ministers, and the Welsh Government must outline what is fundamentally different about these new plans, and how they will stimulate use of the language. The roadmap needs to be clear and instructive, with clear, transparent benchmarks

in place, and an emphasis placed on the standard of Welsh speaking and not just the volume.

"The language faces a number of major challenges – including a lack of opportunities to converse in everyday settings. It is sustained action, not push strategy launches, that we need if the Welsh Government is to meet this target."

The Minister for Lifelong Learning and Welsh Language, Alun

Davies, said: "We want everyone to have the opportunity to learn through the medium of Welsh, both from early years right through to higher education, and that it will be seen as an integral part of our overall provision, and not something that is separate from it."

The consultation is on the Welsh Government website: gov.wales/consultations/welshlanguage/welsh-language-strategy-consultation/?lang=en.

Measles: 'MMR vaccine is vital'

PEOPLE are being reminded of the importance of the MMR vaccine after a fourth case of measles in Wales.

"Measles is a serious and highly contagious viral disease that can cause complications and can even prove fatal. In the last month, there have been four cases across Neath Port Talbot, Swansea, and Powys, one of which was hospitalised," said Dr Christopher Johnson, acting consultant in health protection for Public Health Wales.

"Two doses of the safe and effective MMR vaccine offers protection and anyone who hasn't had the vaccine is urged to get it free from their GP."

Mind in the Vale is chosen as 'charity of the year'

FOLLOWING an online and in-store customer vote, Sainsbury's Barry Park Crescent Local has announced that Mind in the Vale will be the store's new Local Charity of the Year for 2016-2017.

Mind in the Vale works with people who experience mental distress to achieve and maintain a more fulfilling life and to play a full and equal part within the community.

To celebrate the announcement, a launch day will take place at the Barry Park Crescent Local Store on Friday, August 5.

Customers will get the chance to meet representatives from the charity and learn more about the work they do.

The store team will also be fundraising for the new charity by promoting second-hand books, CDs and DVDs – all donated by customers and colleagues.

Caroline Chapman, executive manager of Mind in the Vale, said:

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"We're looking forward to the partnership."

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FINDING DORY IS A FILM TO LIKE.... BUT NOT LOVE

It hardly seems like it, but it has been 13 years since Pixar released *Finding Nemo*.

In that time the studio has continued to create impressive films that have pleased both critical and commercial demands, yet its strike rate has been blunted somewhat by some misfires, most notably the likes of *Cars 2* and *Monsters University*.

The common denominator is that these films are sequels – so will *Finding Dory*, a follow-up to ...*Nemo*, be able to buck that trend? The story centres around Dory (Ellen DeGeneres), the fish with a short-term memory problem who helped Marlin (Albert Brooks) find his son Nemo (Hayden Rolence) last time out.

This time, however, Dory is trying to find

her long-lost parents, and with help from Nemo and Marlin, she sets out to find them; but when her search brings her to a marine life centre, the trio face an uphill struggle to reunite Dory with her parents...

There is an undeniable magic about anything that Pixar touches; from the Angelpoise lamp of its logo, to the shorts that feature prior to the main film itself, it has inarguably carved a niche in the cinematic landscape that many would love to emulate.

While its position is perhaps a little more shaky than, say five years ago, it are still putting out work that is, by and large, better than its competitors; in fact its greatest competition could arguably be themselves – and that's why *Finding Dory* is a film that is very easy to like, but not so easy to



by
GARETH JAMIESON
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love, a film that entertains and delivers the requisite emotional punch, but one that doesn't really hit the highs you find in its most impressive output.

One of the flaws of *Finding Dory* is how closely it follows the

plot of ... *Nemo*; yes, the characters' roles have reversed but it's still a film that focuses on a journey where the end goal is to be reunited with a family member (or members in this case) while, on the way, meeting new characters to engage with.

While the characters are pleasing to revisit, the reversal of the dynamic doesn't really work; in the original, Marlin's jittery nervousness was the counterpoint to Dory's carefree attitude, but here, with Dory driving the story, it doesn't ring quite right.

Of course, there's enough vibrancy in both the returning characters and new ones to keep you entertained; Dory's irrepressible zest is given a dash of poignancy thanks to a wonderful prelude that hints at a sadness you didn't even realise was

there, while the relationship between Dory and Marlin and Nemo has an emotional pull to it that, separating them for sections of the film, lands well.

Of the new additions, Ed O'Neil's Hank, a seven-tentacled octopus with a desire to get out of the marine life centre, shines, his cantankerous frustration at being inadvertently embroiled in Dory's plan creating humour, while Kaitlin Olson's Destiny (a near-sighted whale shark) and Ty Burrell's Bailey (a beluga whale with sonar issues) are also worthy additions to Pixar's list of strong characters.

Director Andrew Stanton (who helmed ... *Nemo* as well as *Wall-E*) gives the film a wonderful visual sense; as ever it's easy to stand back and marvel at the CGI trickery that makes this world almost photo-real, but dig beneath the technical achievement and there are moments of subtle intelligence, the way that the underwater world reflects our own or how an innocent child's petting area becomes something from a disaster movie when the perspective shifts from human to fish.

However, the greatest achievement of Stanton (and co-director Angus MacLane) is in bringing the humanity to the

story, especially in dealing with the character of Dory. Her story is a metaphor for dealing with mental illness, played gently for its target audience but one that older viewers will latch onto immediately.

That it empowers the character is a wonderful theme, one that is prevalent elsewhere (Hank's missing tentacle doesn't affect him physically but there is a mental stress), and it's this that sees *Finding Dory* at its best; while the rest of it feels a touch over-familiar, there is still plenty to savour.

VERDICT: A Pixar to like rather than love, *Finding Dory* is the studio just failing to hit top gear. While still an intelligent and enthralling film, its reliance on narrative themes from the original means it just falls short of the high standards expected – which means it's still a pretty impressive film in its own right. Enjoyable.

SEE THIS IF YOU LIKED: *Finding Nemo* (2003), *The Secret Life of Pets* (2016).

***READ GARETH'S REVIEW OF JASON BOURNE AT OUR WEBSITE - BARRY-TODAY.CO.UK**

Chinese take away south Wales' hospitality

SUPERSTARS in the Making Performing Arts Academy hosted its annual theatre camp in Barry last month.

It welcomed students from its Chinese branches to Barry to work with the local students of the training centre.

All students worked towards a special production of *Matilda the Musical*. Students from both countries performed side by side, learning from each other and having a great time.

One evening, some of the local students invited their Chinese counterparts to visit Barry homes to cook them dinner and entertain them. This was a special chance to show global friends how we live here in south Wales.

This summer, more than 400 students will have taken part in

Superstars in the Making's summer camps internationally. The academy was set up in Barry in 2009 by Christian Bullen.

Christian said: "I am delighted to keep this special link between China and south Wales alive."

"Many of our Chinese students wish to visit the Barry academy to learn from UK-based teachers and it brings a lot of interest and tourism to the town."

"May I say a warm 'thank you' to Barry YMCA, for being such a welcoming and supportive venue to work with. We are also experiencing overwhelming demand for our training in Barry, with applications closed until 2017."

Watch this space for many more projects and productions coming to Barry in the near future.

NEWS IN BRIEF

Memorial service

THE St Lawrence at Lavernock Trust invites friends to the former church in Fort Road, Lavernock on August 7 at 3pm for a service to remember the church's patron saint, the remarkable young third-century deacon and martyr, Saint Lawrence.

The preacher will be the Reverend Dawn Hellard, formerly team vicar in Cowbridge and the organist will be Anne Thomas. There is free parking to the left of Fort Road. Contact Rev Margaret Stark on 02920 701303.

Toys and trains
CHRIS Dyer Toys and Trains will hold a toy and train sale on Sunday, August 7 at

10.30am – 3pm in Barry Island station.

Organiser Chris Dyer said: "Barry Island attracts a great range of traders from both sides of the Severn Bridge and a wonderful array of stock is always available."

Call 01643 702757 or 07966 694579 for further details, or go online to www.chrisdyerfairs.co.uk.

Barry Legion

THE Barry branch of the Royal British Legion will hold its next meeting on August 8 at 2.30pm in the Barry town council chambers, by the Memorial Hall. New members welcome.

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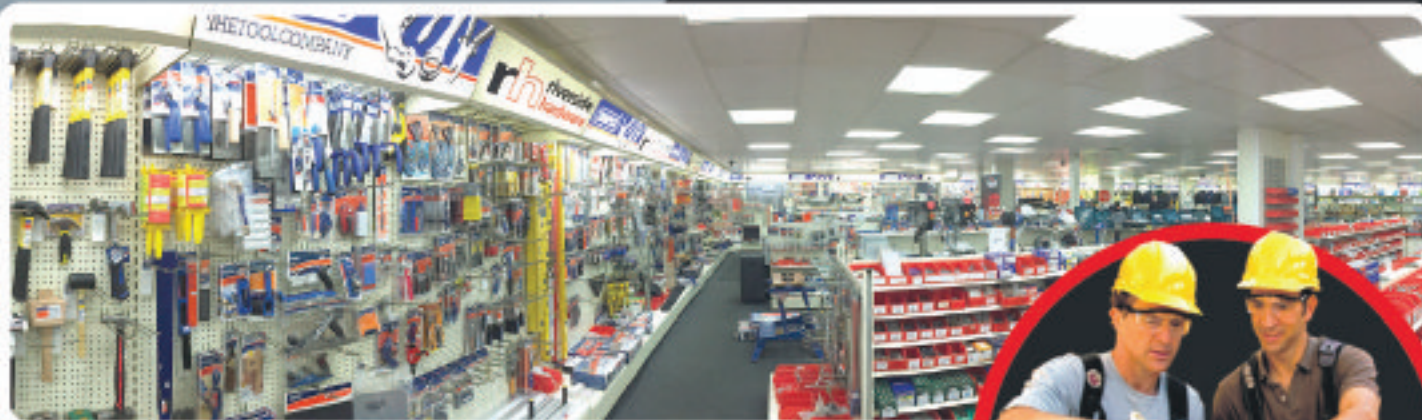
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Vale of Glamorgan Agricultural Show

WEDNESDAY AUGUST 10, 2016 • FONMON CASTLE



A MESSAGE FROM THE PRESIDENT, ANDREW RT DAVIES AM

Welcome to the premier one-day show for all the family in Wales!



Vale Show president, Andrew RT Davies.

It is a privilege and an honour to welcome you to the Vale of Glamorgan Show as the president for 2016.

Over the years, the Vale Show has provided many fond memories for my family and me, from its days at Penllyn to its magnificent home today at Fonmon Castle, and it has been fantastic to witness it develop into unquestionably the premier one-day show in Wales.

As a proud Vale farmer, it has been

brilliant to see my children immerse themselves in the show, and the event succeeds in bringing together people and lifestyles from town and country, showcasing the very best of life in the Vale and beyond.

The show's success is built upon the outstanding dedication provided by the organisers, so ably led by the new director, John Hanks, and the excellent general secretary, Sarah Fenner.

Their hard work, combined with the immeasurable generosity

of the team of volunteers and stewards, ensures the visiting public has so much to experience and enjoy on the day.

And the day is, of course, completed by the vast number of exhibitors and visitors. My thanks go to you for attending and playing your part in the show's success.

This year, there is more for visitors and families to see than ever before, with extra attractions including the countryside ring, Army climbing wall, Glamorgan Cricket interactive stand, the famous 'Quack Pack' and the new picnic and play zone, with a special visit scheduled from Peppa Pig!

There is a huge range

of classes for horses, sheep, cattle, poultry and dogs with many exhibitors dedicating many hours in preparation to take part. Visitors will have a chance to see the prize-winning animals in the Grand Parade in the main ring at 3pm.

And best of luck to my daughters, Sarah and Sophie, who are showing in the home produce section!

There are also more than 200 trade stands selling a huge variety of goods and if you are looking for a bite to eat, the award-winning 'Vale Farmers' Market' food court comes highly recommended!

If you're interested in learning a little more about farming and

agriculture in the Vale, please do visit the stand run by the 'Cows on Tour' team and the Young Farmers – where you can find out where your food comes from and lend your support to Welsh farming.

Agriculture and farming plays such a vitally important role in our local community and there is undoubtedly no better celebration of what it delivers than the Vale of Glamorgan Show.

All of this, of course, would not be possible without the support of the Vale of Glamorgan Council, South Wales Police, South Wales Fire and Rescue Service, the Army and RAF cadets, the YFC, British Red Cross and other

regulatory bodies which allow the show to proceed safely and efficiently.

Special mention must also be paid to The Glamorgan GEM newspaper for the prominent role it plays in our local community, and on behalf of the show, I would like to express my gratitude to the paper for promoting our event in the run-up to thousands of readers across the Vale.

Once again, thank you to those attending and I look forward to meeting as many of you as possible – here's to another successful year and a thoroughly enjoyable day on the showground.

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Unrivalled Vale Show has a feast of entertainment

by LIZ SYNAN
Vale Show chairman

AS Chairman of the Vale of Glamorgan Show, I have great pleasure in endorsing a great family day out.

The show is unrivalled as the biggest, outdoor one-day event in the Vale that incorporates traditional features – such as horses, sheep, cattle, poultry and horticulture – and it's right here on our doorstep.

New to the show this year will be a countryside ring, which will keep you entertained throughout the afternoon and will feature some interactive activities for all the family. It will include a display by 'the Quack Pack', the 'Cows on Tour' team with Abi Reader (who won Wales Woman Farmer 2016 at the Royal Welsh Show), the Red Tractor and more.

In the horse showing classes, you can see a new competition for Shetland ponies, while also on four legs, the KC registered dog show promises to be an outstanding spectacle once again.

There are also many other areas to visit, including the Vale Farmers' Market food court, the horticultural marquee, the extended poultry show, the craft marquee and many varied craft stalls.

The main ring

will entertain you with the Grand Parade, which shows the excellence of the farm livestock, followed by a parade by the Glamorgan Hunt hounds, the Stannage International Stunt Team and the Rockwood Animal Display team.

The entertainment will continue with a two-fence challenge show-jumping competition and to complete the action, the ever-popular hunt scurry will close the day.

We hope to see you all at this prestigious event in the Fonmon Castle grounds on Wednesday, August 10.



Liz Synan.



Fonmon Castle

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Vale of Glamorgan Agricultural Show

WEDNESDAY AUGUST 10, 2016 • FONMON CASTLE



'Plenty of new attractions on offer' THE SHOW SECRETARY LOOKS AHEAD

THIS year's Vale of Glamorgan Show on Wednesday, August 10, has a host of new attractions aimed at families visiting the show.

There is a new countryside ring that will offer a busy programme of entertainment, demonstrations and have-a-go activities during the afternoon.

We will start with Meirion Owen and his lively 'Quack Pack'. There will be a chance to join the team and see the Border Collies working up close, as they guide the Indian Runner Ducks around an obstacle course.

Next up in the countryside ring will be the 'Cows on Tour' team. Farming has a fantastic story to tell – so come and join Abi Reader, the Red Tractor and the farming float. You can join in, too! Try the 'Build a Farmer' challenge!

The South Wales Fire and Rescue Service (SWFRS) is joining us to demonstrate the rescue of a large animal in the arena. There are specialist crews who are trained to keep animals and firefighters safe in an emergency situation. SWFRS will showcase emergency vehicles and the equipment that it uses.

If you like to see machinery at work, there will be the chance to watch a demonstration of some farming kit during the afternoon. If you've ever wondered how those huge wrapped bales are made, then we will show you at the Vale. The countryside ring fun will climax with the Young Farmers' Challenge Competition. Find out which team is the toughest in our new contest and expect plenty of thrills and spills!

The main ring has plenty of attractions, too. There will be horse classes during the morning and later in the day there will be the ever-popular chance to meet the superb hounds of the Glamorgan Hunt when they parade for us.

The main ring entertainment follows the spectacular grand parade when you can see the best of the best as the winning cattle, sheep and horses come together in the main ring.

Later on, our main ring entertainment comes from the Stannage International Stunt Team which will be performing their amazing world record-holding stunts.

The Rockwood Animal Display Team will perform, and their act will include an exciting dog agility relay race.

To round off the day, there will be a two-bar showjumping competition and the fast and furious Hunt scurry.

Of the 200-plus trade stands on the show field, you will see some old favourites and some new faces. This year, we will have a new 'Army Zone' on the show field. Come and see some of the equipment and vehicles used by the British army, a weapons display – and, if you're feeling daring – you can take on the challenge of the army climbing tower.

Nearby, there will be a Glamorgan Cricket stand, where you can meet the players, practise your skills and have some cricket fun.

Your shopping opportunities are not limited to the trade stands, so don't miss the Cooke & Arkwright craft fair and the Likes 'Land Rover Shopping Mall' marquees.

You can buy anything, from a cup cake to a new car, at the Vale Show!

At the show, we showcase the very best of farming in the Vale and beyond. It is well worth exploring the livestock paddock, where you can see the cattle and sheep up close.

Take the chance to chat to the exhibitors about their animals. They have spent a long time making the animals look their best and are rightly proud of them!

We had a fantastic day last year and we are all looking forward to this year's show. Wherever you are at the show, you will never be far away from a steward or committee member, who has been volunteering behind the scenes to put on a good day out for our visitors to the show.

The show relies entirely on the work of the team of volunteers, the support and sponsorship of local businesses, and the Vale Council, for

which we are extremely grateful. We are delighted to have Nathaniel Cars of Bridgend as our main event sponsor again this year and we would like to thank Nathaniel Cars and the other businesses and people that support the Vale Show.

Come and join us on Wednesday of next week for the 2016 Vale Show – where you will find a very warm welcome awaits. Car parking is free on the site and the Vale Council supports the event by running buses from all over the Vale.

Further information can be found on the show web site www.valeofglamorganshow.co.uk, on our Facebook page, or by email at vale.show@outlook.com

SARAH FENNER
(general secretary)

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Vale of Glamorgan Agricultural Show

WEDNESDAY AUGUST 10, 2016 • FONMON CASTLE



Entries are flying in from all around for the Poultry Show!



THE Poultry Show at the Vale of Glamorgan Show has been an overwhelming success – and it is back and bigger than before.

Entries have flown in, with exhibitors flocking from Norfolk, Cheshire and many far-flung areas of Wales.

We are very pleased to welcome our judges, Marcus Walker, Simon McKean and Colin Mitchell to cast their experienced eyes over the entries.

They will travel from Yorkshire and Lancashire to judge this prestigious new poultry show, which is growing year on year.

Come and visit the poultry marquee at the show and see hundreds of birds, including classes for rare breeds.

There are 94 classes in the poultry show, including the weirdest egg, and a photographic competition for the best selfie taken with your chicken.

Craft fair

SHOW day on Wednesday, August 10 is almost here.

The Craft Fair marquee will open at 9.30am. There will be crafts of superb quality exhibited and for sale, and all are entirely home-made.

This is a very strict stipulation of eligibility to exhibit and helps to sustain the excellent reputation of the

craft fair. It will be a good opportunity to buy a gift for an adult or a child with plenty of choice available.

As in other years, there will be the regular stallholders, as well as new exhibitors – the distance needed to travel to the Vale seems to be no problem.

On display will be some beautifully-turned woodwork, leather items, textiles, dainty jewellery, art and many more crafts – not forgetting the 'bee life' products from Cardigan.

Do come along and enjoy the atmosphere of this very special craft fair.

ANNE ARNOTT
Secretary/organiser

Horticulture

PLANS for the 2016 Horticultural Show are well under way and it's going to be as big and as exciting as last year!

Entries are already flooding in from all over the UK.

Come along and see some of the Vale's most beautiful flowers and scrumptious vegetables, and the children's section with some very creative designs.

Don't forget to see the 'Land Of The Giants' with 85lb cabbages and six-foot long marrows plus lots more.

You have to see it to believe it!
(CONTINUED ON PAGE 22)

Tweet us your Vale Show pictures - just use the hashtag #GEMValeShow!

VALE SHOW
AFTER PARTY
BACK ON THE SHOWGROUND AT
FONMON CASTLE GROUNDS
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Town Mayor and Town Councillors
wish success to the
2016 Vale of Glamorgan Show.

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THE MAYOR OF BARRY COUNCILLOR CHARLOTTE WILLIAMS
Wishes the Vale of Glamorgan Show every success and an enjoyable day for all

MAE MAER y BARRI Y CYNGHORYDD CHARLOTTE WILLIAMS
Dymuno i'r Sioe Bro Morgannwg pob llwyddiant a diwrnod pleserus i bawb



Vale of Glamorgan Agricultural Show
WEDNESDAY AUGUST 10, 2016 • FONMON CASTLE

So much to see at the Vale Show for the whole family!

Glamorgan Law

We are pleased to support the Vale of Glamorgan Agricultural Show.

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(CONTINUED FROM PAGE 21)

There is something for the whole family to get involved with – from the best runner beans to the best hanging basket and the tallest sunflower.

There are also new novice classes for beginners, as well as great classes for the children with the best miniature garden, draw and colour a picture on the theme of the Queen's 90th birthday, – plus lots more.

If you would like a schedule of all the classes, or to make an entry, please get in touch with Horticultural Secretary Gail Wintle, on 07976 935223.

We also look forward to welcoming a new addition, 'Hugly And Friends' to the Horticultural marquee this year.

The creators of Hugly and his vegetables are coming along to encourage children to re-engage with nature, by learning about the outdoors and the environment.

With the help of Hugly and Friends, children will learn about plants by growing and cooking their own food. The first book – *Hugly and The Missing Carrots* – comes with a packet of carrot seeds. Carrots are an

integral part of the story, and the book also features a carrot cake recipe for the whole family to cook.

Vale Farmers' food court
NOW in its third year, the Vale Farmers' Market food court goes from strength-to-strength, with this year 40 stalls selling the most fantastic range of Welsh produce.

The food court is the must-do destination on the show field, especially for families – because, as well as offering cooked food, drinks and a wide range of artisan produce to browse over and buy – there will be play activities delivered by the Vale play development team!

Ample seating – in the form of hay bales – will be available, so you can sit while the children enjoy the numerous activities including a sand pit, dinosaur pit and crafts.

This year, we are delighted that none other than Peppa Pig will be making appearances throughout the day.

She is really looking forward to meeting all the livestock at the show and playing with the children at the food court.

To whet your appetites, there will be

pork rolls, lamb burgers, beef rolls, duck burgers, speciality sausages – as well as tea, coffee, elderflower cordial and ice cream.

Add to that, artisan cheeses, raw milk, charcuterie, preserves, local cider, hedgerow wines, cakes, brownies, flapjacks, chocolates, bread, veg boxes, loose tea, herb infused vinegars, oils, and poultry.

There will even be vegetarian options.

Everything is from Wales and the majority from within 50 miles of the show field.

We have ordered the sunshine, but if the weather is a little mixed there is a covered walkway in front of the stalls, and cover for children's play area.

Peppa Pig and all the producers are looking forward to welcoming you to the food court on show day.

Shearing
THE shearing competition made a triumphant return to the show last year.

Competition was fierce and the atmosphere was electric in the shearing marquee.

Make sure that you watch the shearing this year, where there will be four classes: the junior, intermediate, senior and open competition. The

finale will be a Wales versus England test.

The top shearers from Wales and England will come together and shear over 900 lambs during the day.

The competition at the Vale Show is one of the highlights of the shearing calendar: join us in the marquee to be part of the experience.

Dogs

AFTER a very successful show last year – helped by the lovely sunny weather – we hope to build upon that achievement and increase our already excellent roster of exhibits this year.

Once again our judges are from all over the United Kingdom, though one of them is a Canadian man judging for the first time in the UK.

The committee of the dog section of the Vale Show looks forward to welcoming its exhibitors once again, as well as visitors, to the show, and is keen to answer any questions they may have about the world of dogs and dog showing.

The show is normally blessed with good weather and we have our

fingers crossed that this will be the same this year. However, we have superb wet weather accommodation in the form of two very large marquees – if we need to use them!

The show always attracts exhibitors from far afield, and this year is no exception, with entries from Devon, Cornwall the Midlands, the north of England, and the south-east of England.

Judging of the dogs starts at 11am, but many exhibitors will be on the showground long before that time.

There is plenty of parking close to the dog section and the entrance can also be used as entry to the general show.

All officials at the Vale of Glamorgan Show look forward to your visit and will do all in their power to make your visit an enjoyable and memorable event, which we hope will encourage you to visit in the years to come.

PETER PASK

Secretary Dog Section,
Vale of Glamorgan Show.

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Vale of Glamorgan Agricultural Show

WEDNESDAY AUGUST 10, 2016 • FONMON CASTLE



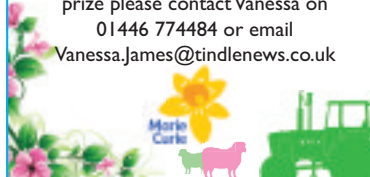
Look out for The GEM's coverage of this year's Vale Show - with pictures and a full list of results, we have you covered!

The Glamorgan GEM

would like to wish all their advertisers and readers an enjoyable day at the Vale Show.

Please visit our stand where we will be raising money for Marie Curie Hospice Cardiff and the Vale.

If you would like to donate a raffle prize please contact Vanessa on 01446 774484 or email Vanessa.James@tindlenews.co.uk



Home produce and craft showpiece...

WHEN you are at the Show, you must come along and enjoy the skills of our local home produce and craft makers competing against each other.

Why not enter some of the competitions? Schedules of the classes are available online, at the show website, or can be obtained from our secretary, Mrs J Lewis, telephone 01443 225202.

A wide and varied schedule has been put

together to attract as many competitors as possible.

We try to keep traditional classes, as well as being more adventurous with current trends.

The children's classes continue to thrive and these are a big attraction in our marquee.

There are classes for 7 years and under, 8-11 years and 12-16 years.

Each year, children from two primary schools are asked to enter a piece of written work and this year the entries are from Llanfair Primary

School and Wick & Marcross Church in Wales School.

The Chairman's Plates will be awarded to the competitors gaining the most points in both the cookery and the craft sections.

Prizes are also awarded to all competitors in 1st, 2nd or 3rd place.

Awards will be presented at 5pm in the marquee by the president of the show, Mr Andrew RT Davies AM.

The Home Produce & Craft marquee is a showpiece for so many competitors, young and old and I'm sure you would agree there has been a revival of late in both cookery and craft skills.

So please come along and join us at the Show.

Once again this year, we are hoping for record entries.

KAY BOWRING
Chairperson

Rounding off the Show with a boogie and a beverage!

THE Vale Show dance will once again be held on the show field at Fonmon on August 10, by permission of Sir Brooke Boothby and family, along with the Vale of Glamorgan Agricultural Society.

Hosted by Maendy Young Farmers Club, past and present members together with friends and supporters of the organisation are invited to round-off the show day with a boogie and a beverage!

The evening will feature DJ James

Bramhall. Although all ages are invited, under-16s must be accompanied by a responsible adult.

Maendy YFC chairman, Kate Thomas said: "We hope to build on the success of last year's dance on the showground and look forward to welcoming you at the event, which supports the local rural youth community."

Doors open at 8pm, with tickets priced at £5 before 9pm and £8 thereafter. For further information, contact Kate Thomas on 07701 081218 or email maendy.yfc@gmail.com.

Jane Hutt AM

Labour Assembly Member for the Vale of Glamorgan

Contact my constituency office at:

115, High Street Barry, CF62 7DT
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Ceildwadyr Cymreig

Come and visit the Vale Conservatives stand



Come and visit our stand at the Vale Show to discuss any issues you'd like to raise.

My best wishes go to everyone involved and attending Wales' most enjoyable one-day event - the Vale of Glamorgan Show.

Andrew RT Davies AM

Leader of the Welsh Conservatives and Assembly Member for South Wales Central
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Vale of Glamorgan Agricultural Show

WEDNESDAY AUGUST 10, 2016 • FONMON CASTLE



LEFT:
Phil Vowles with his
American visitors.

Telling the story of Phil's giant vegetables to Big Apple residents

PHIL VOWLES of Llanharry is well known in south Wales for his amazing giant vegetables – but now his fame has spread to New York City!

For Phil, it was business as usual as he prepared his giant marrows, cabbages and pumpkins for when they go on display at the Vale of Glamorgan Show on August 10 at Fonmon Castle.

In recent years, Phil's extraordinary vegetables have been a real crowd pleaser at the event – and no doubt will be again this year.

So, it was a big

surprise recently when a film crew from *The Great Big Story*, produced by CNN Digital in New York City, visited Phil to capture the story of his giant vegetables.

The film crew, Beryl Shereshefsky and Eden Hall, were amazed when they visited Phil's garden and saw his produce for themselves.

They spent the day interviewing Phil and filming for *The Great Big Story* to take a little part of Wales back to the Big Apple!



Phil wrestles with a giant marrow.

ALUN CAIRNS MP
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CYNGOR BRO MORGANNWG GORCHYMYN CAU FFORDD DROS DRO, ADRAN 16A DEDDF RHEOLEIDDO TRAFFIG FFYRDD 1984 **SIOE BRO MORGANNWG** Dydd Mercher 10 Awst 2016

RHODDIR HYSBYSIAD DRWY HYN fod Cyngor Bro Morgannwg wedi gwneud y gorchymyn canlynol dan Adran 16A Deddf Rheoleiddio Traffig Ffyrdd 1984:-

DRWY HYN yn ystod oriau penodol o'r diwrnod ac ar y dyddiad a nodir yng ngholofn 1 Atodlen 1 caiff y strydoedd neu'r rhannau o'r strydoedd a nodir yng ngholofn 2 yr atodlen honno eu defnyddio i gynnal digwyddiad perthnasol fel y disgrifir yn Adran 16(A) (1) Deddf Rheoleiddio Traffig Ffyrdd 1984, mae'r Cyngor yn unol â'r pwerau a ddyfennir iddo dan Adran 16A Deddf Rheoleiddio Traffig Ffyrdd 1984 yn GORCHYMYN AC YN CYFEIRIO er mwyn hwylyso'r gwaith o gynnal y digwyddiad, galluogi aelodau'r cyhoedd i wylïo'r digwyddiad hwnnw ac i leihau ar unrhyw effaith ar draffig a achosir gan y digwyddiad, gydymffurfiaeth â'r rheoliad canlynol:-

CYFYNGIR, ac eithrio i'r hyn y darperir ar ei gyfer yn y gorchymyn, y defnydd o'r strydoedd neu'r rhannau o'r strydoedd a nodir i'r holl draffig cerbydau, gan gynnwys beiciau pedal, ac eithrio i Gerbydau'r Gwasanaethau Brys, rhwng yr oriau a nodir yng ngholofn 3 o'r atodlen a nodir.

Y gosb am dorri'r rheoliad yw dirwy hyd at £1000.00.

ATODLEN

COLOFN 1	COLOFN 2	COLOFN 3
Dydd Mercher 10 Awst 2016	1/ Prif Fynedfa Maes Sioe Bro Morgannwg yn Nhir Castell Ffwl-y-mwn. Dim troi i'r dde o'r brif fynedfa/allanfa i'r cae yng ngrid 303747 167876 i'r B4265, ni chaniateir ond i gerbydau droi i'r chwith o'r fynedfa / allanfa ar y B4265. Gwryriad Bydd gwryriad i gerbydau sy'n teithio i'r gorllewin tua chyfeiriad y dwyrain ar hyd y B4265 i'r gylchfan ym Mhen-marc, ac yna tro pedol yn y gylchfan hon gan deithio'n ôl i lawr y B4265. 2/Fonmon Road, Ffwl-y-mwn. Cau'r ffordd gerbydau tua'r gogledd i'r holl draffig o groesffyrdd Ffwl-y-mwn yng ngrid 304806 167180 i'r gyffordd yng ngrid 305056 167844 Nurston Road Gwryriad Caiff traffig tua'r gogledd ei ddargyfeirio ar gyfer Port Road i'r Blue Anchor, i'r gogledd drwy Burton Terrace a Phont Burton, ac yna tua'r dwyrain ar hyd y B4265.	6.00 am i 8.00 pm 6.00 am i 2.00 pm

Bydd Arwyddion i'r Gwrydiad yn cael eu gosod
Dyddiedig 4 Awst 2016

M. E. Punter
Cyfarwyddwr yr Amgylchedd a Thai
Cyngor Bro Morgannwg, The Alps, Gwenfô CF5 6AA



THE VALE OF GLAMORGAN COUNCIL TEMPORARY ROAD CLOSURE ORDER, SECTION 16A ROAD TRAFFIC REGULATION ACT 1984 **VALE OF GLAMORGAN SHOW** Wednesday 10th August 2016

NOTICE IS HEREBY GIVEN that the Vale of Glamorgan Council have made an order under Section 16A Road Traffic Regulation Act 1984 as follows:-

WHEREAS during certain hours of the day and date specified in column 1 of Schedule 1 hereto the streets or part thereof listed in column 2 of the said schedule will be used for the holding of a relevant event as described in Section 16(A)(1) of the Road Traffic Regulation Act 1984, the Council, pursuant to the powers conferred by Section 16A of the Road Traffic Regulation Act 1984 do HEREBY ORDER AND DIRECT in order to facilitate the holding of the event, enable members of the public to watch the said event and to reduce the disruption to traffic likely to be caused by the event the following regulation shall be observed:-

THAT, except as provided by the order, use, by all vehicular traffic, including pedal cycles but with the exception of Emergency Services Vehicles, of the said streets or parts thereof shall be restricted between the hours specified in column 3 of the said schedule.

The penalty for infringement of the said regulation is a fine not exceeding £1000.00.

SCHEDULE

COLUMN 1	COLUMN 2	COLUMN 3
Wednesday 10th August 2016	1/Vale of Glamorgan Showground Main Access at Fonmon Castle grounds. No right turn from the main field access/exit at grid 303747 167876 onto the B4265, this will allow only the left turn movement of vehicles from the access / exit onto the B4265. Diversion The diversion for West bound vehicles will be in a generally easterly direction along the B4265 to the roundabout at Penmark, then "U Turning" at this roundabout and travelling back along the B4265 2/Fonmon Road, Fonmon. North bound carriageway closed to all traffic from Fonmon crossroads at grid 304806 167180 to its junction at grid 305056 167844 Nurston Road Diversion Northbound traffic will be diverted west along Port Road to the Blue Anchor, north through Burton Terrace and Burton Bridge, then in an easterly direction along the B4265.	6.00 am to 8.00 pm 6.00 am to 2.00 pm

Local Signed Diversions shall be in place
Dated this 4th day of August 2016

M. E. Punter, Director of Environment & Housing
Vale of Glamorgan Council
The Alps Wenvoe CF5 6AA



THE VALE OF GLAMORGAN AGRICULTURAL SHOW 2016

The Mayor of the
Vale of Glamorgan Council,
Councillor Stuart Egan, would like to wish everyone involved with The Vale of Glamorgan Agricultural Show a happy and successful event.

Hoffai Maer Cyngor Bro Morgannwg,
y Cynghorydd Stuart Egan,
Dymuno pob llwyddiant i bawb a fydd
yn helpu gyda'r sioe Amaethyddol
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Vale of Glamorgan Agricultural Show

WEDNESDAY AUGUST 10, 2016 • FONMON CASTLE

A great place to catch up with old friends – and make new ones



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Sun, fun and farming – three of the ingredients for a successful Vale of Glamorgan Show! But there is another wonderful thing about it. Most people bump into old friends, maybe someone they haven't seen for a while. It's a great place to catch up on all the latest news, and make new friends too.

IMAGES by GLYN EVANS.
See more of Glyn's pictures from last year's show on page 27.

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Vale of Glamorgan Agricultural Show

WEDNESDAY AUGUST 10, 2016 • FONMON CASTLE



TAKING A LOOK BACK AT LAST YEAR'S VALE SHOW...



Happy in a halter: one of the winning livestock entries.
PICTURES BY GLYN EVANS.

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We are very proud of our long relationship with the Vale Show and look forward to a successful Show on Wednesday 10th & many years to come!

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Penarth Town Mayor,
Cllr. Michael Cuddy,
extends warm wishes
to everyone involved
in the **Vale of
Glamorgan Show**
for a happy and
successful event.



www.penarthtowncouncil.gov.uk

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GLAM AT GLASTONBARRY

PHOTOGRAPHS by ANDY WICKS

For more images go to Andy Wicks' Facebook page

THEY came from near and far. They came to dance, to sing, to revel, but most of all, they came to have fun – and not go to a similarly-named, and very corporate, music festival in Somerset. GlastonBARRY is Barry's antidote to the mega-festivals, and this year's event – held in Romilly Park – certainly was. Crowds flocked to see the likes of Guns N' Roses, Kasabian, Queen, Bob Marley, Bon Jovi, The Rolling Stones and the Arctic Monkeys, and were not disappointed, because the bands performing were tribute acts – and just like the originals.



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David Prosser & Co is the trading name of DP Law Limited.

BRENDAN SWEENEY
of David Prosser & Co Solicitors writes:

It is estimated that 60 per cent of the UK population do not have a Will.

A Will takes effect on your death and is an instruction as to what is to happen to your estate. Probate disputes and challenges to Wills are becoming a growth area, which often leads to substantial costs.

We now live in a world where family relationships are often very complex and expert advice regarding the drafting of a Will is essential.

A professional advisor can also advise you in relation to inheritance tax and how you plan to minimise potential liabilities to inheritance tax.

It is important when

people make Wills that they are fully aware of their duties and financial responsibilities when they make a Will and ensure that they comply with the technicalities that are required to have a valid Will.

The cost of a professionally-drafted Will, after taking advice, is considerably less than the costs that can be incurred if there is a dispute regarding your financial affairs after your death.

Substantial costs can also be saved by taking professional advice early, and putting in place Powers of Attorney, whereby you appoint trusted people to make decisions about your property and financial affairs and health and welfare, if your lose capacity.

The people appointed are made fully aware of their rights and responsibilities.



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NEWS IN BRIEF

Cancer support

A HEALTH care professional from a local ovarian cancer group is available to offer free advice on Tuesday, August 9, 10am-12 midday at Age Connects Senior Health Shop, 38 Holton Road, Barry. Contact 01446 732385 for further information.

Welfare rights

AN adviser from Age Connects welfare rights service will be available on Tuesday, August 9 at the Senior Health Shop (9.30am to 11.30am),

and can give free advice; no appointment needed, and home visits can be arranged if necessary. For further information call 01446 732385.

Forthcoming PACT meetings

CADOC – Meet your local officer today (Thursday, August 4) at Waitrose, Palmerston Road, Barry between 11am and 1pm.

COURT PACT – the Witchell Community Hall, Dyfan Road, Barry today (Thursday, August 4) at 6pm.



KEY TO SUCCESS! Coun Lis Burnett officially hands over Sully library!

'Hub' plans for Sully library

SULLY library was officially handed over to the 'Sully and Lavernock Community Library Trust' by Vale Council cabinet member Lis Burnett on July 27

The Trust is a registered charity which will seek financial support for the volunteers to achieve their ambitions. The community library will be run entirely by local volunteers trained by the Vale's library service, which will

maintain and develop the existing range of services offered in the village.

There will be an immediate extension of the present opening hours, as well as schemes to increase membership and the start of a book delivery and collection service for housebound residents.

The volunteers plan to develop the library into a community 'hub' by, among other schemes, working with Sully Primary School and Beechwood College to encourage young readers, by starting a mother-and-toddler reading group and by offering free Wi-Fi and ICT facilities and training, together with a cup of coffee and a chat.

In addition to normal library services, residents will also still be able to purchase Vale Council recycling, garden waste and canine faeces bags.

Opening times in week commencing August 8 are: Tuesday, 11am-6pm; Thursday, 3pm-6pm; and Saturday, 9am-1pm.

Call into the library, or email sullycommunitylibrary@gmail.com with any comments or queries.

CHARITY TABLE TOP SALE
A TABLE-TOP sale will take place at the Glamorgan Holiday Hotel (outside if weather is fine, otherwise in ground floor function room) on Sunday, August 28; then on the last Sunday of each month.

The sale will run from 10am - 1.30pm.

Vendors pay £10 per table, which can be booked by calling the hotel on 01656 785375. Entry for buyers free.

Proceeds from table hire will go to projects run by Cartrefi Cymru.

Memories of a Barry medical practice...

I WAS interested to read Laurie Owen's recent account of Barry GPs in The GEM, as my parents, Dr C K B (Bryn) Lennox and Dr Mary Lennox, both worked in the seaside town.

My father's grandparents moved to Barry in the 1890s. The Lavis grandparents ran a dairy in Kingsland Crescent and the Lennox grandparents a bakery/grocery at 219 Holton Road.

My father was born in 1913 in Somerset Road and his family moved to Buttrills Road in 1922, where his father taught in Barry Grammar school for boys.

My father studied medicine in Cardiff, where he met my mother (also a medical student) and they both graduated as doctors.

My father was called up to the Army during the last war and was in the RAMC in the 53rd Welsh Regiment. I was born in 1942 and my mother moved to Barry in 1943, living with my father's parents.

Dr Mary Lennox was school medical officer and was appointed deputy MIOH of Barry in 1943 and in 1947 appointed MOH of Barry, Port Medical Officer and also Medical Superintendent of Barry Accident Hospital, Barry Maternity Hospital in Woodlands Road and the Neale Kent Infectious Diseases Hospital.

The appointment caused a few raised eyebrows at the time as she was the first woman to be appointed as Port MOH. She continued in this post until the reorganisation of local government in 1974, when the position of MOH was abolished.

When my father, Dr C K B (Bryn) Lennox was discharged from the army in 1946, he joined Dr George Lewis in GP partnership and we moved into 161 Holton Road where the surgeries were held.

Dr Lewis was originally based at 161, and then moved to live in Porthkerry Road, where there was a branch surgery. The surgery receptionist lived next door in 159 and Drs Sandy and Eileen McGill had a separate surgery in the

Poppy appeal VOLUNTEERS are required for the RBL Poppy Appeal from October 24 - November 12. Please contact Andy Reekie on 01656 669988; Wreaths should be ordered as soon as possible!

Towers 163.

Our lounge was on the first floor and our bedrooms on the second floor. As a child, I had to be quiet while the surgery was running - which was from about 8.30am to 12pm and from 6pm to 8pm, apart from a half day per week - and included Saturdays.

Our car was garaged around the corner in Watson Street, and I passed the police and fire stations each morning to go to school in Holton Road Juniors.

I remember the speaking tube which I think must have been connected in those days to the electric system, as occasionally I had a mild shock on touching it.

In 1950, Dr Caddick joined the partnership and he and his wife moved into 161 - and we moved to Cadoxton. In 1952-3, Dr Gwilym Keble Williams joined the partnership and shortly afterwards, he occupied 161.

My uncle, Dr John Rhys Williams, also joined, but he lived in Porthkerry Road at first. The practice continued to grow at 161 Holton Road after this, until its move to the Waterfront in around 2007.

Dr Pat Parry.

Spotlight on breast cancer



Local campaigner Pam Allinson with Jane Hutt (on right) at a recent meeting of Breast Friends, the group set up by Pam.

THE Vale AM, Jane Hutt, has become an ambassador for leading charity Breast Cancer Now.

She joins 17 AMs from across Wales who are spreading the message that breast cancer is not a 'done deal' and that immediate action must be taken to stop the disease taking lives.

Ms Hutt said: "Around 600 women are still dying from breast cancer each year in Wales. Breast Cancer Now will be working closely with breast cancer ambassadors, to help them take action to tackle breast cancer in their local areas and in the Welsh Assembly, and to ensure that Wales' most common cancer remains high on the political agenda."

By bringing together policymakers, scientists, fundraisers and campaigners across the country, staff at Breast Cancer Now believe that by 2050 everyone who develops breast cancer will live - but only if action is taken now.

The AM went on: "Too many women are still dying from breast cancer in Wales. We must act now if we are to finally put an end to deaths from the disease and I am, therefore, very proud to support Breast Cancer Now and its bold '2050 vision'."

"I have worked for many years with Pam Allinson, Breast Cancer Now champion and pioneer in the Vale of Glamorgan. "Together, we urgently need to put the spotlight back on this dreadful disease locally and nationally. "By becoming a breast cancer ambassador, I will ensure that action is taken on behalf of the women and families affected by breast cancer within the Vale."

most common cancer remains high on the political agenda."

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LLANTWIT SCARF SWAP
THE Net Cafe in Llantwit Major will host a scarf swap in aid of BMS Uganda on Saturday, August 13, from 12pm to 3pm. Bring a scarf - take a scarf! £3 donation expected.

RAMBLING IN THE VALE

UNDER darkening skies and with heavy bursts of rain on the journey to Rhose railway station, it seemed that the evening two-hour walk would be, to say the least, damp!

However, by 7pm the skies had cleared and the sun put in an appearance and the evening remained dry for a group of six female walkers that joined Joy from Penarth and District Ramblers for the evening tramp.

The walk took in urban Rhose and Nurston, as well as a coastal walk back from East Aberthaw.

Crossing the main Vale railway line and tramping pavements to the perimeter fence of Cardiff Airport, a path behind houses led through a small park and along a bridleway between fields of ripening wheat with grand views towards the tall chimneys of Aberthaw power station and the cement works.

Exiting onto a lane and passing through the quiet hamlet of Nurston, a stretch along Port Road led them to the Blue Anchor pub in East Aberthaw, which opened in 1380 and no doubt was used by many of the infamous smugglers on stretch of coastline.

Heading through Well Road under the railway bridge and following paths in woodland to Pleasant Harbour, the ruins of the Aberthaw limeworks, established in 1888 by David Owen came into view. This local lime was renowned and had hydraulic properties, making it ideal for use in damp conditions such as

harbour and canal work. The ruins overlook a lovely lake.

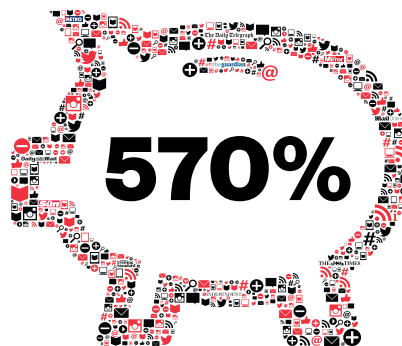
Originally the River Thaw flowed through this area and during the 16th and 17th centuries the port of Aberthaw was very active. When Aberthaw power station was opened in the 1960s, the river was re-routed and now flows through a man-made channel straight into the Bristol Channel further along the coast.

Making their way towards the steps at the end of the sea defence wall and crossing the salt flats where the salt lagoons are fed by the incoming tide at Andrews Pant, steps led steeply up the cliff and into Fontygary Leisure Park.

Their return along the Wales Coast Path, as it stretches along the cliff-top to Fontygary Bay, heralded views across the Bristol Channel to the misty Somerset coastline and Dunkery Beacon, the highest point on Exmoor, before fields stained pink with willowherb, red clover, purple thistles, scabious and yellow flowering agrimony led back to their start.

On August 6, meet at 9am at Cogan Leisure Centre for an eight-mile moderate walk taking in Cwmtillery Lakes. Contact Su on 07954 139946.

To follow the group, please log on to www.penarthramblers.wordpress.com or Facebook. Programmes and membership advice can be obtained from Pam on 029 20 255102. JS



Does any other financial investment deliver such a handsome dividend?

The effectiveness consultancy Benchmarking have analysed what happens when companies include press advertising in their media mix.

They looked at 500 econometric models, across a five-year period and discovered that adding newspapers dramatically increases the return on investment of other media.

In the financial sector they reviewed companies ranging from high street banks to insurance providers.

And they found that adding newspapers dramatically increases the overall effectiveness of the entire campaign, by up to 57 times.

That is getting on for a six-fold increase in ROI.

Clearly, if you are in the financial industry, you ought to be in the newspapers.

But as the table here shows, the uplift in other categories also proves uplifting.

Increased effectiveness using newspapers

Retail	Automotive	Finance
2.8x	1.7x	5.7x

So, whatever business you are in, the research is worth a read: newsworks.org.uk/effectiveness



MYND AM DRO... i'r Fenni!

#EleniYnYFenni daw'r Eisteddfod Genedlaethol i'r dref, felly mae Dai Lingual wedi bod draw am dro ychydig yn agosach i'r ffin na'r arfer:

Dechrau ein taith oedd Penperlleni, enw sy'n awgrymu'n gryf mwr ffurwythlon yw'r ardal hwn sydd ar ben y berllan. Mae ardal y Goetre yn Sir Fynwy, enw sydd ond wedi cynrychioli y rhan yma o'r tirs ers 1996, tra bod y rhanbarth 'hanesyddol' yn ymestyn hyd Rymni yn y Caerffili modern.

Er ein rhagfarnau fel siaradwyr Cymraeg am dir y ffin, mae'r iaith wedi chwarae rôl amlwg iawn yn hanes Sir Fynwy, a heddiw mae plant yr ysgolion Cymraeg lleol yr un mor debyg â'ny cyndeidiad i allu deall yr enwau sydd â tharddiad - os nad sillafiad - Cymraeg: od tu hwnt oedd gweld arwyddion fyrrdd megis Llanvihangel Gobion wedi teithio i lawr o'r Canolbarth! Treiglaid annaturiol o Langatwg Feibion Abel yw Llangatwg-Vibon-Avel sy'n arddangos yr un fath o sillafu nad sy'n adlewyrchiad teg iawn o'r hen Wenhwysg - y dafodiaith leol sydd wedi gadael i fro ddifancoll ers meitin.

Wrth i'r Gymraeg ail-gydio yn y tir trwy addysg Gymraeg i bawb, daw'r cyfle hefyd i ailfeddianu enwau lleol: yn 1965 cafodd etifeddiath yr argae ger 'Llandegveth' ei adlewyrchu yn fwy teg gan yr enw Llandegfedd.

Enwyd Ysgol Gwynllyw oherwydd mai dyna'r dyn oedd yn feistr ar y tir rhwng afonydd y Rymni a'r Wysg yn ystod y Sed ganrif, ardal bydden i'n dueddol o alw'n Gwent hyd heddiw. I fod yn deg, mae'n weddol annwyl ble mae Sir Fynwy yn gorffen a Gwent yn dechrau, sy'n ein hatgoffa o eiriau yr awdur lleol Raymond Williams a oedd â diddordeb mawr yn meddylfwrdd ac ystyr ffiniau.

O Goetre, bu ein taith gerdded ar hyd y gamlas fyrraf ym Mhrydain i Lanofor - sydd ag eglwys sy'n awgrymu yn gryf taw o'r Hanover-iaid daith yr enw yn hytrach na Ofer Sant - chwiliwch yn ofer amandao os anghytnuwch â mi! Cawsom ein hatgoffa yno o brysurddeb mawr Gwenynen Gwent; debyg gymrodd hi Augusta Hall ei henw o Fryngwenin sydd hefyd yn gyfagos i'r Fenni yn ogyast â'i phrysurddeb.

Mae enwau strydoedd megis craith neu fendith ar unrhyw le, a gwelwn fod yr enw Traitor St yn nhw'r Fenni yn cofnodi digwyddiad pan gafodd Owain Glyndŵr ei adael i mewn i'r dref gan rywun a gafodd ei ystyried - er yn Gymro - yn fradwr. Atgoffeb yw'r Ysgubor Wen tref marchnad yw'r Fenni sy'n parhau yma'n boblogaidd iawn efo brodorion y cymoedd cyfagos. Daliodd Maes y Llaryddwyl fy llygaid bach i hefyd...ond cyfeiriai at goed larch sydd yma nid y llaryddwyl!

Yna Coed Morgan - pwy oedd ef? Efallai'n gyn-daid i'r awdur Richard Morgan sydd eisoes wedi ymchwilio enwau'r ardal os am ddarlun mwy cyn dod draw i'r Fenni ar ddechrau'r Eisteddfod ei hun!

Mae mwy hanesion o ardal y Fenni mewn rhaglen arbennig am Eisteddfod y Fenni ar wefan BBC Radio Cymru. Dilynwch yr hashnod #EleniYnYFenni neu chwiitwch am 'Wedi'i Phennu Yn Y Fenni' arlein. Am wybodaeth bellach cysylltwch gyda david.wyn@dailingual.cymru

TEITHIAU CERDDE CYMRAEG GYDA VALEWAYS

Ydydych chi'n joio cerdded? Ydydych chi'n dysgu Cymraeg neu yn siarad Cymraeg yn rhugl efallai?

Mae cerdded yn ffordd wych i gymdeithasu, gwneud ffrindiau newydd a chael hwyll wrth gadw'n heini!

Dydd Mawrth 2 Awst - 'Crywdro' Ynys Y Barri (Taith Iach)

10.00yb Gorsaf Rheilffordd Ynys Y Barri CF62 5TH
Dydd Sadwrn 13 Awst - Grisiys Eogiaid (Taith Estynedig)

2.00yp Eglwys St Peter, Dinas Powys CF64 4BT
Dydd Iau 18 Awst - 'Crywdro' Penarth (Taith Iach)

10.00yb Gorsaf Rheilffordd Penarth CF64 3DQ
Dydd Mawrth 23 Awst - Ffontygari (Taith Dilyniant)

10.15yb Gorsaf Rheilffordd Y Rhws CF62 3HB

Cofiwch wneud esgidiau trymion a dillad addas.

Dewch am dro a hybu'r Gymraeg yn y Fro. Croeso

cynnes i bawb! Am fwy o wybodaeth ewch i

www.valeways.org.uk neu cysylltwch â Ruth

07800969157.

BETH SYDD AR EICH MEDDWL?

Mae pawb yn ceisio gofalu am les ieuchyd eu meddwl

Fodd bynnag, nid yw profiad dros chwarter o'r boblogaeth yn y maes hwn, yn un plesurus. Mewn mis lle glynw am bryderon difrifol athrawon a philsymyn yn dioddef o iselder yn y gwaith, un thema sydd yn hoelio fy sylw yn yr erthygl yr wythnos hon.

Fel glas-newyddiadurwr, rwy'n ymwybodol iawn bod y diwydiant yn un heriol, uchelgeisiol a rhwystredig ar adegau. Yn wir, mae gan bob un profesiwn y potensial o roi unigolyn o dan bwysau. Ond, hoffwn ganolbwyntio'n benodol ar ieuchyd meddwl newyddiadurwyr yn unig y tro yma.

Yn ddiweddar, cefais y fraint o dderbyn ysgoloriaeth Cwmni Anrhydeddus Llifari Cymru sydd yn fy ngalluogi i deithio i America fis nesaf i gyfwrdd â newyddiadurwyr. Yr hyn sydd wedi fy nenu yno yw'r ffaith bod y newyddiadurwyr hyn yn aelodau o sefydliad unigryw sy'n cynnig cefnogaeth i newyddiadurwyr sy'n dioddef o iselder yn dilyn y pwysau gwaith sydd yn ynebu'r profesiwn. O ymosodiadau terfysgol, rhyfela a damwainiau traffig, mae gohebwyr ymysg y cyntaf i gyrraedd digwyddiadau erchyll ac maent yn aml yn parhau i ohebu yn syth o lygaidd y flynnon. Mae hyn wrth redff yn gallu cael effaith andwyol a phellgyrhaeddol ar ieuchyd meddwl y newyddiadurwyr.

Fel rhan o'r prosiect "Beth sydd ar eich meddwl?" byddaf yn olrhain hanes trist y gohebydd Christopher Morgan a gymerodd ei fywyd yn 2008 yn dilyn cyfnod o salwch meddwl ac iselder. Nid yw'r sefyllfa yn benodol i un math o newyddiadur na ychwaith i un lleoliad. Tra'n ymweld â'r Unol Daleithiau byddaf yn mynd i'r Ganolfa 'DART - for Journalism and Trauma', sydd yn gwneud gwaith arbennig wrth gefnogi gohebwyr.

Mae Sian Williams, cyn-gylfynwraig Breakfast, BBC newydd gyhoeddi llyfr o'r enw 'Rise: Surviving and Thriving after Trauma'. Mae'r llyfr yn olrhain ei phrofiadau wrth iddi



ymdopi â chyfnodau heriol yn y byd gwaith a phersonol. Na, tydi e ddim yn llyfr tywyll. Yn hytrach, mae'n archwiliad dwfn o sut gall gwynnwch yn ystod ein dyddiau mwyaf tywyll ein hysbrydoli i oresgyn trauma, galar a salwch. Wir i chi, dyma llyfr pwerus, yn llawn gonestrwydd, cynhesrwydd a doethineb

ac yn sicr, mae'n werth ei gynnwys ar eich rhestr darllen yr haf.

Pwrpas f'ymweliad i America yw ceisio deall beth sydd angen i ni ddysgu am y profesiwn er mwyn cefnogi pobl fel Sian Williams a pha gefnogaeth sydd ar gael i'm cyd-tywyll. Fel rhan o'r prosiect byddaf yn gwahodd newyddiadurwyr rhyngwladol i gymryd rhan mewn ymgyrch newydd sydd yn galw ar bawb i 'siarad am ieuchyd meddwl yn y gweithle'. Gallwch ymuno â'r ymgyrch trwy ddilyn @onyoumind16 ar Twitter.

Cofiwch fod Mind Cymru yn elusen sydd ar

Cymry Cymraeg Newydd

Bob blwyddyn, mae Cymrodorion y Barri yn cynnal 'Noson y Dysgwyr'. Eleni, mae pedwar siaradwr all iaith wedi awgrymu term angen, a herio'r gyngulleidia i ymuno â gweithgareddau sy'n rhoi hwb i'r iaith. Dyma'r trydydd llais yn y gyfres - Des Davies.

Cafodd Des Davies ei eni a'i fagu yn y Barri. Ar ôl gadael yr ysgol yn 14 oed, ymunodd â'r Home Guard yn 1942. Wedyn, yn 17 oed ymunodd â'r Royal Welsh Fusiliers a'r Royal Engineers am 25 mlynedd. Dechreuodd Des ddysgu Cymraeg ar ôl cyrraedd 60 oed a wedyn wnaeth Gradd BA mewn hanes yn Mhrifysgol Caerdydd. Mae Des wedi mynychu dosbarthiadau W.E.A. yn Wenvoe dan arweiniad Carol Grant, gan gynnwys cwrs ysgirfennu creadigol a chysylltu hanes Cymru drwy gyfrwng y Gymraeg. Dyma eistamp o'i waith.

Gwellian y Dywysoges Cymru

Unig blentyn y Tywysog Llewelyn, ein Llyw Olaf, a'i wraig Eleanor de Montfort oedd hi. Ganwyd Gwellian ym Mhlas Pen-y-Bryn ger Bangor, Gwynedd ar Fefelin 12fed 1282. Un o deulu brenhinol Lloegr oedd mam Gwellian, ond bu farw Eleanor ar enedigaeth ei baban. Yn ystod Mis Rhagfyr 1282 roedd Llewelyn yn arwain cyfran o'i fyddin i ymosod ar luoedd Brenin Edward yn ardal Cilmeri, ger Llanfair ym Muallt. Ar lannau afon Irfon fe'i lladdwyd gan filwyr o Sir Amwythig.

Ond beth am Gwellian? Yng ngelw Brenin Lloegr roedd hi'n beryglus iawn. Tywysoges Cymru oedd hi. Fe drefnodd i Gwellian gael ei chipio, a'i rhoi yng

ngofal lleianod yn Abaty Sempringham, Swydd Lincoln. A dyna hi, allan o'r ffordd, mewn lle ymhell iawn o Gymru, yn garchoror am 54 o flynyddoedd. Bu farw Gwellian ar Mehefin 7fed 1337 a'i claddwyd mewn bedd diennw ger y lleianod. Mae'n amheus iawn os oedd Gwellian wedi clywed am Gymru. Aeth hi i'r bedd heb wybod pwy oedd hi, heb wybod am ei statws fel Tywysoges ac heb glywed gair o Gymraeg. Dymuniad Edward oedd i bobl Cymru anghofio am eu Tywysoges, ac fe llywyddodd, wel, bron.

Yn 1991 fe gyhoeddodd The Guardian erthygl yn sôn am y Dywysoges anghofiedig. Daeth yr erthygl i sylw capten Ilong o Gaernarfon, Richard Turner. Penderfynodd wneud ymchwiliad i godi cofeb iddi. Yn 1993 dadorhuddwyd cofeb lechen las o Gymru yn Sempringham. Yn Eisteddfod Bro Dinefwr 1996 sefydlwyd Cymdeithas y Dywysoges Gwellian gyda'r nod o godi arian ac i ofalu am y cofeb i'r Dywysoges. Doedd neb o drigolion Sempringham wedi clywed am Gwellian ac roedd syndod iddi'n nhw sylweddol bod Tywysoges Cymru wedi ei chladdu yn eu plith. Mae'r enw Gwellian yn cael ei gofio nawr.

DES DAVIES

Sais yn troi'n Gymro Cymraeg



Ym mis Mai eleni bu farw George Crabb yn 91 oed. Ymhlith lluo gyfraniadau eraill roedd yn un o gymwynaswyr yr iaith Gymraeg yn y Bont-faen.

Cafwyd teyrnged iddo ym mhapur wythnosol 'Y Cymro' a hynny'n gwbl addas gan fod George yn ei brynu - a'i ddarlenn!

Pan wnaeth George (o Lundain yn wreiddiol) a'i wraig Jeanne (o Llantrisant yn wreiddiol) ymddeol dyma nhw'n penderfynu dysgu Cymraeg gan ymuno â Dosbarth Wpau Prifysgol Cymru, Caerdydd, yma yn yr Hen Neuadd. Dal ati wnaethon nhw wedyn mewn cysuriau parhau a dod yn rhugl. Yn dilyn hynny roedden nhw'n aelodau brwd a ffyddlon o'r Dosbarth Mwynhau Llenyddiaeth am ddeunaw mlynedd. Cawsant foddhad a llawer o hwyll wedyn yn cynorthwyo eraill i groesi'r bont.

Ar ôl colli Jeanne yn 2010 bu George yn ffyddlon ar foreau Gwener yn y 'Seiat' Gymraeg yn y Cwtsh yng Ngwesty'r Arth. Byddwn i gyd yn gweld ei eisiau'n fawr ond yn ddiolchgar hefyd am fod wedi cael ei gwmi difyr ef a Jeanne ar hyd y blynyddoedd. Coffa da amdanynt.

RHIANNON
WILLIAMS

GALW AM WIRFODDOLWYR

Mae Cylch Meithrin Dinas Powys yn ehangu.

Fis Medi bydd mwy o blant ar ein cofrestr a gan ein bod yn derbyn plant dwy oed i fynychu'r Cylch bydd angen help ychwanegol amon. Gofynnwn am help gwirfoddol, nid cyflogedig, i ateb gofynion y Mudiad Meithrin o gyfartaledd plant i oedolion. Rydyn ni'n cynnal y Cylch dri bore yr wythnos - Llun, Mawrth, a Mercher, 9.30-11.30, a gofieithir denu disgibl ysgol neu fam/tad neu famgu/tadcu sy'n gallu siarad Cymraeg neu a hoffai ymarfer neu loywi eu Cymraeg. Byddai cael help un bore yn hwylyso'r sefyllfa. Ar Awst 12 byddwn yn cynnal Te Pnawn yng ngardd 35 Heol Millbrook, Dinas Powys. Am ragor o fanylion, ffoniwch Elinor Elias Jones 02920 512(405) / 07967 188347.

SÊR EIRY

ARIES: 'Dyw gweiddi a strancio ddim yn mynd i ddatrys eich problemau yr Awst hwn Cymrwch anadl ddfod, cyfrwch i ugain a dechreuwch drafod yn gall gyda phobol - a falle daw eto haul ar fryn. Mae ffrindiau yn mynd i fod yn gefn mawr i chi nawr.

TAURUS: 'Dyw hi ddim yn bosib symud ymlaen os ydych chi'n dal i ryngu am y gorffennol. Amser i ganolbwyntio ar eich sefyllfa ariannol a'ch perthynas agos. Fedrwrch chi ddim newid pob peth yn eich bywyd. Mae pethau'n argeio'n dda yn y gwaith. Gwrandewch ar gyngor hen frind.

GEMINI: Mae Neifion, planed breuddwydion ac ansicrwydd yn cael tipyn o effaith amoch chi ar hyn o bryd. Fel rheol fe allwch chi ddiwybu am eich meddwl chwim deallus i'ch cael allan o drafferth, ond nid nawr. Mae eich meddwl wedi ei gymylu braidd, a mae'n bosib y byddwch chi'n barnu'n annoeth.

CANCER: Mae'r planedau yn mynd i gael tipyn o effaith ar eich gwaith yr haf yma. Mae'n bosib i'ch gwaith y cewch chi ddyrchafiad o ryw fath o gwmpas diwedd y mis. Ar y llaw arall m'i fyddwch chi'n teimlo'n emosiynol iawn ac yn pigo ar bobl am y manion bach lleiaf.

LEO: Mae 'na bosibirwydd y dewch chi i arian ddechrau'r mis trwy'r loteri, shares, neu falle bydd perthynas yn teimlo'n hael tuag atoch chi. Yn hanner ola'r mis, mae teithio ar y cardiau, felly pan na ewch i rywle poeth ac egosotig am hoe fach?

VIRGO: Mae'r 'saffle'r planedau'n gallo'n i'na benllanw yn eich eich bywyd nawr, a bod rhyw adran bwysig ohono yn dirwyn i ben; ond na phoenwch erbyn diwedd Mis Awst m'i fydd drws newydd yn agor, gan gynnig rhywbeth newydd



cyffrous yn llawn addewid i chi.

LIBRA: Os yw problemau teuluo yn eich poeni m'i fyddan nhw'n clirio toc. Mae rhyw elfen o'ch gwaith yn mynd i gael y golau gwyrdd o'r diwedd ac m'i fyddwch chi'n elwa'n ariannol o hynny.

Rydych chi'n emosiynol iawn ar hyn o bryd - ymlaciwch!

SCORPIO: Mae hwn yn debygol o fod yn haf llwus iawn i chi. Bydd rhwystrau sy wedi'ch dal yn ôl yn ddiweddar yn diflannu. Mae'r pwyslais ar eich cartre ar hyn o bryd - ydydych chi'n meddwl symud ty, neu ail-wneud eich cartre presennol? Mae hwn yn gyfnod rhannu'r hedyd.

SAGITTARIUS: Rydych chi wedi sgubo ryw broblem emosiynol o dan y carped ers yn llawer rhyr hir. Bydd rhywbeth nawr yn eich gorffodi i wyneb pethau fel ag y maen nhw, ac yn eich gorffodi i wneud newidiadau. Ydydych chi wedi bod yn cymryd rhywun yn ganiatol yn ddiweddar?

CAPRICORN: Anghofiwch eich poenau a'ch gofidiau - ewch allan i chwarae a mwynhau eich hunan. Rydych chi wedi bod yn berson difrifol - a diflas - ers yn llawer rhyr hir. Nawr mae'n bryd ysgrifhannu, neu fydd gyda chi ddim ffrindiau ar ôl! Mae 'na swm o arian sylweddol ac annisgwyl ar ei ffordd i chi.

AQUARIUS: Rydych chi'n dueddol o fod yn gymysgldych eich meddwl ar hyn o bryd; er fod hynny'n golygu fod gyda chi'r gallu i fod yn greadigol tu hwnt. Sianelwch eich ynni felly i greu. Mae angen eich rhyddid amoch chi nawr - peidiwch â gadael i ddim na neb eich carcharu.

PISCES: Cewch gyfle nawr i ddechrau penod newydd gyffrous. Mae lwc gyda chi hefyd gan fod lau planed lwc a thifiant yn gwenu'n rhadlon amoch chi. Ac er, falle fod pethau'n ymddangos yn dawl mae llawer yn mynd ymlaen o dan yr wyneb. Gallai hwn fod yn un o'r misoedd pwysicaf yn y flwyddyn i chi.

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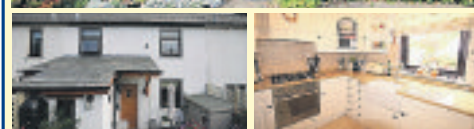
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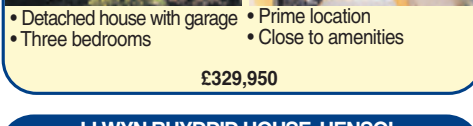
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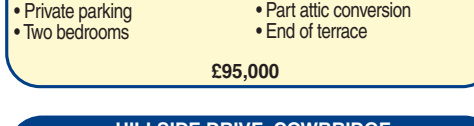
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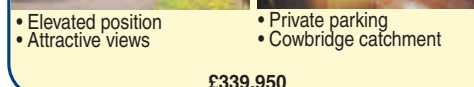
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SCENES FROM PORTHCAWL CARNIVAL, AS THE TOWN LOOKS BACK ON A GREAT DAY

*Photographs by
KEITH E MORGAN*

PHOTOS published in last week's GEM showed what a successful day it was at Porthcawl Carnival on July 23.

Visitors and Porthcawlians enjoyed the sunshine, cheered on the carnival procession, and made their way to Porthcawl Rugby Club, where there was a host of entertainment.

Children enjoyed the fairground rides, while the adults relaxed and enjoyed food and drink from some of the many stall holders!



ABOVE: The Mayor of Porthcawl, Coun Robert Lee and the Mayoress Mrs Ann Lee, meeting the fire-defying stuntman Joseph Peace and his assistant



ABOVE: Master of Ceremonies Robbie Owen meeting his match with Joseph Peace's 'Fire Proof' assistant!



ABOVE: Daredevil Joseph Peace riding through a Wall of Flame on his bike.



LEFT: The Pre Hee Men and a captive Bristol Channel Swimmer.

RIGHT: Sergeant Jason Jenkins and his team meet 'The Sand Witches'. Carnival organiser Kerry Marlow is pictured (far right).



LEFT: The St John Ambulance on parade.

BELOW: The Carnival Judges on the balcony at the Sandpiper Inn.



LEFT: Porthcawl Rock Club entertained on the carnival field.



More than 100 bikers joined the procession.

Free hair cuts for the Armed Forces, emergency personnel and NHS staff Barber shop does a 'community deal' in memory of Tom

A new barber shop at 89 High Street, Barry, is offering free hair cuts for members of the Armed Forces, emergency service personnel and NHS staff, in memory of the young soldier Tom Sloman who died in the town recently.

Co-owner Marvin Cordle explained: "We wanted to do something in memory of Tom who was a lovely guy, had lots of friends and loved his rugby."

"Tom was the cousin of Lee Szuchnik who

owns the building we are in. We wanted to pay tribute to Tom and at first thought about doing something for the military or Welsh Guards, but other people have already done that. We decided to expand it to others who help the community and included the emergency services and NHS staff."

The shop, which is located on the corner of High Street and Island Road, does cuts for men and women.

Fellow owner Jordan Tyrrell added: "There is no catch, there are free hair cuts until Saturday, August 6 – all someone has to do is bring along their I.D. card."



From left to right, apprentice Coni Dutton, and co-owners, Marvin Cordle and Jordan Tyrrell.

'Thank you for helping Llantwit Major to bloom'



AS chair of Llanillt Fawr in Flower, I wish to say a huge 'thank you' for the wonderful support local people have given to this local charity.

The generous donations to our collection held in the shopping precinct on July 16 raised an amazing £630.

As we rely completely on donations and grants, this is a huge help to our continuing to plant flowers to brighten up the town.

It is also very encouraging to our 32 volunteers as it shows how much the flowers and their hard work are appreciated, and apart from our own displays it also helps us purchase necessary equipment, plant daffodils in grass verges and when possible give small grants to hard-pressed businesses to put up flowers too, and so extend colourful blooms

throughout the town. I should also like to thank Sue Banks and her six harpists, who form the group Harping On for playing beautiful music in support of the event, and also thank the volunteers who collected, wearing flower garlands; Coun Tricia Lancaster, the organiser, and Heather March, who held the comments book and explained what we do.

Anyone missing the collection and wishing to support the town's flowers can make donations at Health Conscious or Feed & Seed shops; their recently-emptied tins have given us £22 and £45 respectively which, added to the collection, make a wonderful total of £697.

This amount goes a very long way towards covering our summer costs and for this we are enormously grateful.

TINA BENFIELD,
chair.

University rolls out academic awards to Northwood & WEPA placement students

TWO local engineering students have won academic awards for their industrial placements at Northwood & WEPA's paper factory in Bridgend.

Swansea University's College of Engineering presented Bridgend-based Josh Hill (22), and James Morgan (23), with awards for 'best industrial placement in chemical engineering' and 'environmental engineering' respectively. Both students were commended for their substantial achievements during their year-long master's placements.

The company mentored the students, giving them the opportunity to work across all areas of the business' production plant. This ranged from mastering complex chemical tests in the laboratory to learning how to maintain equipment in the water treatment centre.

Josh and James were the only students on their master's course to receive the awards for their placements.

Mick Brown, customer product development manager at Northwood & WEPA, commented: "It has been a joy to watch Josh and James develop their skills during their time with us.



James.



Josh.

"They have learnt how to put their university studies into practice, dealing with challenging situations and ensuring their work is consistently of the highest quality."

He ended by saying that the company strives for placement students to complete projects feeling ready for employment. "This is certainly the case with Josh and James."

Josh Hill, chemical engineering master's student at Swansea University's College of Engineering, added: "Throughout my placement, I was presented with challenging yet highly enjoyable projects. These gave me real responsibilities and, most of all, a wide range of experiences and skills.

Travellers aim to stay on Stalling Down until (at least) next week

by PHILIP IRWIN

The group of travellers encamped on Stalling Down Common near Cowbridge say they do not intend to leave until "after the weekend".

On Tuesday (August 2) they defied a council notice requiring them to leave.

Stalling Down is registered common land that is owned by the Vale Council. Notices were erected on Monday across the site informing of the deadline and that the occupation of the land is deemed inappropriate and unauthorised.

Council officers have been monitoring the encampment and the conduct of the group throughout the week.

A Vale Council spokesman said: "The council's legal team attended Cardiff Civil Justice Centre to request a hearing for possession of the land immediately after the deadline had passed."

"However, the court directed the matter to Port Talbot County Court. The application for an eviction notice has now been filed with the county court and a hearing set for Monday, August 8.

"An application was made by the council for the hearing to be brought forward so that the matter could be brought to the swiftest possible conclusion. This was declined by the court."

The travellers' refusal to move on came as no surprise to Vale MP Alun Cairns and Regional AM Andrew RT Davies, who spoke to the travelling group on Monday.

The group have had their 10 caravans on the Common since Thursday last week.

The MP and AM have expressed concern that it took the Vale Council until Monday to issue the travellers with a notice.

They contrast this with a case in Caedelyn Park in Rhiwbina, which was cleared only 27 hours after the encampment had been established.

Alun Cairns said: "I am disappointed that yet another illegal occupation has taken place on this site – one of the most picturesque in the Vale. This group must be removed and barriers installed to prevent further incursions.

"There is a real risk that the Vale could be seen to be a soft touch on unauthorised travellers if



Alun Cairns MP and Andrew RT Davies AM in front of the travellers' caravans.

tougher action is not taken."

Andrew RT Davies added: "This is not the first time the area has been subject to an illegal encampment.

"People are disappointed that a group of travellers have come back. It's concerning especially as this is a bigger group than before."

Dinas Powys Community Councillor Vincent Driscoll, the chairman of the Vale of Glamorgan Conservatives, told THE GEM: "The Vale Council are often seen as too politically-correct when dealing with these occupations."

"They were advertising an exhibition of gypsy and traveller art a few weeks ago in the King Square Library, which is perfectly legitimate, but gives the impression to many people that their instincts on traveller trespass may not be as robust as necessary."

The Vale Council insisted they had taken swift action

A spokesman said: "The travellers were informed immediately that their occupation of the site was both unauthorised and inappropriate."

"Stalling Down is popular spot for walkers and used by locals and visitors all year around, this is why the council is working to resolve the situation as soon as possible."

"However, there is a strict legal process that

must be followed. "Before any action can be taken the council is required to undertake a welfare assessment. This assessment was carried out last week by a council officer."

"After the assessment was completed, the group was issued with a deadline of Tuesday at 1pm by which to leave the site."

"No complaints have been received about the group's conduct. However, it remains the Vale Council's view that this is an unauthorised encampment that is causing disruption to the local community and one that is in no way appropriate."

Coun Neil Moore, Leader of the Vale Council, said: "Where gypsy and traveller groups do not vacate an unauthorised site of their own accord, there is a strict legal process that must be followed for the council to reclaim possession of the land."

"Council officers have acted swiftly and fairly and continue to work tirelessly to resolve this matter as quickly as possible."

"To compare this encampment with a very different situation in Cardiff is not helpful. To suggest that the legal action required to evict the group could have been taken any more quickly shows a gross, and perhaps wilful, misunderstanding of the legislation that covers gypsy and traveller groups and associated legal process."

Go to the **Bridgend & Porthcawl GEM** for the latest stories and breaking news

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www.bridgend-today.co.uk
www.porthcawl-today.co.uk

Byrne enters the line at Bridgend Athletic!



Club chairman Mark Davies, Luke Morgan, Lee Byrne, Llyd Evans, David Davidson. Photographs courtesy of John Cannon.

BRIDGEND Athletic held a very successful fundraising dinner on Friday (July 29), in its function room at its Ewenny Road clubhouse.

The event was organised by senior committee man David Davison. The guest speaker was former Athletic player and British Lion, Lee Byrne.

Gerald McCarthy compared the event and also led the Auction. Following an excellent three course meal there was a question and answer session with Lee Byrne.

He outlined his playing career, from Athletic youth and senior player to Tondy, Scarlets, Ospreys, Clermont Auvergne and, finally, Newport Gwent Dragons – before retiring with a recurring shoulder injury.

Mike Ruddock gave Lee his first cap and Lee was pleased that he sent him a letter when he was forced to retire. Lee also played under Gareth Jenkins and in the Warren Gatland era, winning 47 caps.

Lee gave an insight into playing for Wales and the Lions and recalled a number of amusing incidents from his distinguished playing career.

Also present were ex-Athletic and Wales sevens' internationals Llyd Evans and Luke Morgan, who was unlucky to sustain an injury that kept

him out of the GB Sevens squad for the Rio Olympics.

The main auction items were a Wales football shirt from the recent European Championships squad fully signed and generously donated by club president and major sponsor Wayne Griffiths, of Nathaniel Car Sales, a Grand Slam photo, and his first Scarlets jersey in their inaugural season and signed donated by Lee.

Rhys Webb donated a pair of signed boots he wore at the last Six Nations, Llyd Evans gave a Wales sevens' jersey and the club auctioned a Gilbert ball signed by four of the club's senior Welsh internationals - Lee, Rhys, Scott Baldwin and Matthew Morgan.

The club presented commemorative ties to major sponsors Gareth Edwards of Gareth Edwards Estate Agents and Ward Jones of Ward Jones (Bridgend) Ltd.

The Athletic are grateful to all sponsors who make it possible for over 250 mini and junior players and around 80 youth and senior players to turn out in Athletic colours each weekend in the rugby season.

Following changes, the clubhouse is now thriving and fully functional and available for function bookings this season. Contact Phil Rees on 07720781483 for more information.

AB



Mark Davies presents a club tie to Gareth Edwards (ABOVE) and Ward Jones (BELOW).



Tumbling club will get a boost from community funding

Young gymnasts from Pencoed Gymnastics and Tumbling Club represent Wales at the British Tumbling finals.

A gymnastics club formed during the memorable Olympic year of 2012 with the help of Community Chest funding is celebrating its best success yet.

Pencoed Gymnastics and Tumbling Club has been able to invest in new training equipment thanks to the scheme, and young gymnasts are head over heels after recently competing in the British Tumbling Finals as a result of the equipment helping with improvements.

The club was the most successful within the Welsh squad when four members took part in the finals, held in Telford. Brandon James, 12, Charlotte Coss, 9, and Evan Jones, 14, came third in their categories while Dan Thomas, 10, took fifth place in his.

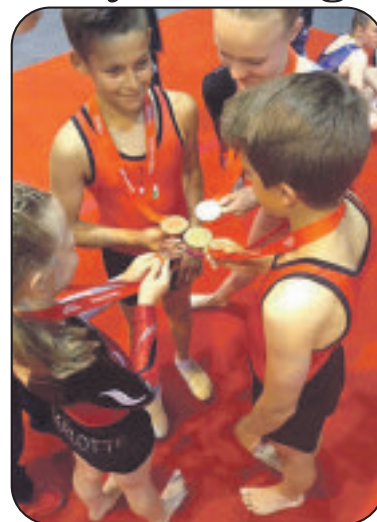
One of Pencoed GTC's successful bids through the Community Chest scheme was to support new coaches at the club to gain coaching qualifications, and head coach Jamie Evans, 24, has now almost completed his UKCC level 3 Tumbling coach award, a senior level coach award which is held by only a handful of coaches throughout the country. Jamie has also played a major part in the Welsh Tumbling coaching team this year.

Managed by Bridgend County Borough Council and agreed by a panel of volunteers with support from Sport Wales and National Lottery funding, the Community Chest scheme provides up to £1,500 in grant funding to help grass roots sports clubs and organisations to get more local people taking part in sport and physical activity.

Coun Phil White, Bridgend County Borough Council's Cabinet Member for Adult Social Care and Health and Wellbeing, said: "I'm delighted that Community Chest funding has contributed to Pencoed Gymnastic Tumbling Club's outstanding levels of success."

"With the Rio Games set to start soon, it's great to hear how much progress the club has made since they were first established during the last Olympic year in 2012."

"The funding has supported the club to help develop the coaches, and the high quality mentoring they are providing to youngsters within the club is obviously paying off as



they are competing nationally at an elite level.

"The scheme can be used to fund and support various projects, including purchasing new or additional sports equipment, establishing new teams and marketing costs."

The next round of funding for the Community Chest scheme in Bridgend County Borough will be awarded in September. For more information about the scheme, or to apply for funding, visit the 'Funding & Support' pages at www.sportwales.org.uk. For support with completing your application contact Bridgend County Borough Council's Active Young People Department on 01656 815218/815216 or email AYPD@bridgend.gov.uk.

Lilli and Louie Mini Masters in the making!



Louie John.



Lilli Callard.

On Tuesday, July 19, a number of juniors from St Athan Golf Club travelled to Llantrisant & Pontyclun Golf Club to take part in the National Junior Beginning Competition, Welsh Mini Masters 2016.

The event started in 2010 and the organisers continue to make changes to ensure as many young golfers as possible are able to take part and play.

The competition is designed as a fun opportunity for young golfers to put in to practice skills they had learnt and are currently

developing. The Welsh Mini Masters is open to all young golfers that were not members of a golf club or have recently joined a golf club but have not yet obtained a handicap of below 28.

We are delighted to say that two of the junior members, Lilli Callard (8) and Louie John (14), go through to the next round which will be held on Sunday, September 25 in Aberystwyth.

The final of the competition will be played at Celtic Manor on Tuesday, October 25.

Congratulations and best wishes for the next round to you both.

RS

Vale club's first team demolish Gowerton in impressive win

A career best 6-32 from teenage bowler Rian Thomas set up an emphatic 10 wicket win for the Cowbridge first XI over visitors Gowerton on Saturday.

On a good pitch, Gowerton could only manage 104 which proved little challenge as the home side cruised home on a golden summer's late afternoon at the sylvan glade that is The Athletic Ground.

There was little to suggest as Gowerton's openers put on 40 for the first wicket in good time that the rest of their batting would fail in such a calamitous fashion.

However, with Ben Wright keeping things very tight from the Bear Field end, skipper Chris Willey turned to Rian to replace Alex Kurobasa.

If Chris was looking for immediate results, he was to get them... Rian's brisk right arm bowling was backed up by some excellent ground fielding and even better catching from Ben and Joe Russell.

With plenty of bounce and pace in the pitch Gowerton's middle order had no answer to the young tyro as Rian's spell ripped out the top order and reduced Gowerton to a paltry 62-5.

From this difficult position a fightback of sorts took place with a stand of 29 for the sixth wicket but at 92 the second collapse of the innings took place as Jake George's miserly off spin claimed 2-8.

The tail could not do any better than their higher order and 104 was the sum total of the Gowerton effort.

The first innings had only lasted 36 overs but any hopes Gowerton's bowlers may have had of replicating the

Cowbridge effort could hardly have been helped by the sight of the former Glamorgan batsman Ben Wright and his old schoolmate Tom Merilahti, the rock of the Cowbridge batting for so long, striding out in pursuit of an early finish.

In 28 uneventful overs with both batsmen playing beautifully, Ben hit six fours in his 57 while Tom did what he does every week as he reached 37.

The match-winning performance came from Rian however. Indeed Gowerton must be heartily fed up of Rian Thomas.

At the corresponding fixture in June it was Rian in partnership with Matt Keating batted out 25 overs to save an unlikely draw. This time though it was the use of his major skill that did for the visitors.

It is probably the case that this sort of devastating spell was always likely to be produced at some stage as Rian has now been in the first XI for a couple of seasons but while he has always been capable of producing good deliveries he has also found it difficult to demonstrate the ability to hold it all together over a spell - until now that is.

One element that helped Rian was the bounce and pace of the pitch. Over the past two years Tim Williams has been hollow coring the square, taking out cores of rather fibrous material and replacing them with a more solid loam.

To complement this there has also been a programme to replace the invasive but useless Annual Meadow Grass with a special mix of grass varieties which will root deeper and help produce a more solid surface. The quality of the pitches this season would suggest that the

programme is working.

It was only 5pm when the finish came and the Cowbridge faithful who enjoy watching the last hour or so of cricket with the aid of a little refreshment were bemused to enter the ground but see no game going on.

Bemused they may have been, but they were certainly not disappointed - after all, the win gave Cowbridge 26 points. The Division One bottom half now reads Llandysul 155, Bronwydd 147, Cowbridge 145, Maesteg Celtic 128 and Skewen 109.

Cowbridge have to play the bottom two and Bronwydd, as well as Briton Ferry Steel, so there is no room for any complacency to creep in.

There is, too, an administrative googly that might emerge. It is possible that three sides rather than the normal two will be relegated from the South Wales Premier League back to their feeder league, in this case the South Wales Cricket Association.

The reason for this is that the numbers teams from the SWCA and South East Wales Cricket League in the pan South Wales Premier League must be kept in balance between east and west.

With three SWCA teams occupying the three bottom places as things stand today Cowbridge would be in trouble, so there is much to play for at Skewen next Saturday.

JRB

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Family Notices

RENDALL Helen

Peacefully in her sleep at the University Hospital of Wales, Cardiff on July 28, Helen in her 91st year.

Deeply loved wife of the recently deceased Norman. Much loved mum of Ann, Joan and the late Alan, mother-in-law of Ray, Ann and the late John. Adored nan and granny to all her grandchildren and great-grandchildren.

Resting at A.G. Adams & Son, Tynwydd Funeral Home, Gladstone Road, Barry until her funeral service and committal at the Cardiff & Glamorgan Crematorium, Barry on Tuesday, August 9 at 1pm.

Family flowers only, but donations in lieu of flowers to Marie Curie Cancer Care, Holme Tower, Bridgeman Road, Penarth, CF64 3YR.

COOK Brian William

Passed away suddenly on July 25 at his home in Kalamata, Greece, formerly of Barry. Brian, aged 75 years, loved brother of Jennifer and Richard. Brother-in-law of David and Mary.

SMITH Joan

Funeral service will be held at Coychurch Crematorium on Tuesday, 9 August at 12 noon.

Donations in lieu of flowers, if desired, to the British Heart Foundation or Cancer Research UK.

BROWN Mallissa Ann

Sadly, despite her courageous fight, Mallissa Ann (née Miles) lost her battle on Monday, July 25. Greatly missed by her little precious miracle son Edgar James, parents Patricia Jean and Ronnie, Maxine and Paul, Mellonie, nephews Myles, Matthew and Mathias, and her partner Darren.

Resting at the Private Funeral Home of W James & Sons, Fonnmon. Funeral Monday, August 8, service and cremation 1.15pm at Coychurch Crematorium Bridgend. Family flowers only may be sent to the funeral home, donations in lieu, if desired, to Leukaemia Research c/o J James, 11 Fonnmon Road, Rhosce, Vale of Glamorgan, CF62 3DZ.

NEIGHBOUR Gladys

It is with great sadness Kay and Keith announce the sad passing of their mother at Llandough Hospital on July 28, aged 96. Much loved mother, grandmother and great grandmother.

There will be a private funeral service with the attendance of immediate family only, as this was Gladys' wish. Family flowers only, donations in lieu of flowers to the British Red Cross.

Acknowledgements

KIRK William John (John)

Peacefully on July 26 at the University Hospital of Wales, John, beloved husband to the late Elsie. A much loved and adored father, grandfather and great grandfather.

He will be dearly missed by all who knew and loved him.

Funeral service to take place on Monday, August 8 at Merthyr Dyfan Cemetery Chapel, Cemetery Approach, Barry at 2pm, followed by interment. No flowers by request. Donations if desired to be made at the service to support Cardiff & South Wales Trolley Bus Project.

Funeral arrangements entrusted to Lyndsay Ellis 01446 407962.

HUMPHREY Dorothy Jean

Gordon, Judith and Gary would like to thank everyone who attended Dorothy's funeral service at A.G. Adams & Son, Tynwydd Funeral Home on June 6. Dorothy would have been overwhelmed by such a wonderful turnout. We would also like to thank the many friends and neighbours, who so generously donated to the charity Arthritis Research UK, raising £600 and for the many flowers, messages and sympathy cards received.

Also, our grateful thanks to Mr Arthur Thompson and the staff of A.G. Adams & Son in organising the funeral and helping us through our extreme sadness and sorrow.

CAHILL Anne

Passed peacefully at Orchard House Residential Home, Barry, on July 28, aged 81 years. A much loved wife of the late Barrie, a loving mum to Vivienne, a dear mother-in-law to Brynmor, and a cherished nan to Owen and Huw.

The funeral service will be held in Cardiff and Glamorgan Crematorium on Tuesday, August 9 at 11am. Family flowers only please, but donations in Anne's memory can be given at the end of the service for Marie Curie Hospice. Any enquiries to Green Willow Funerals. Tel: 02920 514627.

COLLIER Ernest

Jean and family would like to thank family, friends and neighbours for giving Ernie such a good send off as well as for all the lovely cards and flowers. Thank you for all the donations to Leukemia Research fund.

DAVIES

John (John the Jolly)

Sylvia wishes to thank everyone who attended the funeral and for all the lovely cards and flowers received, also the generous donations to charity.

SHANNON Neil Hastings

Suddenly passed away on Sunday, July 24 at his home in Cowbridge. Beloved husband of Valerie, survived by daughter Denise and grandson Neil. Loved grandfather and great grandfather.

Funeral service at Coychurch Crematorium on Thursday, August 11 at 12 noon. Family flowers only, donations in lieu of flowers to Alzheimer's Research UK.

BRADSHAW Catherine Lilian (Cath)

Passed away suddenly but peacefully on July 28, aged 91. Cath was a devoted mother to Paul and Philip (Nevol) and a much loved mother-in-law to Liz and Ann. A loving grandmother to Luke and Carole, Emma and Braham and Jonathon and Sarah. A loving great-grandmother to Naomi, Jack and Joe.

Cath will be sadly missed by all of her family and friends.

Resting at Park Funeral Directors until the funeral service at Cardiff and Glamorgan Crematorium on Thursday, August 11 at 11am.

Family flowers only, any donations may be given to the Alzheimer's Society. A donation box will be at the service.

In Memory

MITCHELL Frank

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Love and miss you, Shirley and family xx

Birth Announcement

Aaron & Kirsty Vincent

Congratulations on the birth of your daughter.

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All our love, Mum, Dad, Luke, Stacey & Evie xxx

Thank You

A BIG THANK YOU

to all my family and friends for the cards and good wishes, and for making my 90th birthday so special. It was just a wonderful day.

God bless you all,
Kathleen Lougher

Anniversary

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ABTA

BLUE LIGHTS IN BARRY!



THE 'Safer Vale team', in conjunction with South Wales Police and South Wales Fire and Rescue Service, pulled out all the stops to showcase their work at a fantastic 'fun day', which took place at Barry Fire Station.

The Safer Vale Team brought together the three blue light services – and the result was a day filled with

ways and ideas to inform all exactly what it takes to be a part of the emergency services.

The mayor of the Vale, Coun Stuart Egan, said: "I would like to thank everyone who contributed to put on such an amazing programme, and the public for supporting the day."

Photographs show Vale mayor Coun Stuart Egan, and his consort Nigel Gibbs, with Safer Vale staff and colleagues from the three 'blue light' services.

Have your say on the future of Welsh language television

THE public is being given the opportunity to share their opinions about S4C and the Welsh language television channel and contribute to the discussions about its future in an online questionnaire: 'Have Your Say'.

S4C wants the public's voice to be included as the channel prepares to contribute to the UK Government's 'Independent Review' of S4C in 2017.

The review will look at S4C's role and work – the kind of service which it is likely to be required to provide in the future, its remit, accountability and funding.

S4C's questionnaire will ask the public for its opinions on these matters, as well as the type of service it would like to see from S4C in the future.

Huw Jones, S4C Authority chairman, said that it is vital the public is included in discussions about the channel's future.

Mr Jones said: "We want to offer an opportunity for the public to contribute opinions as we prepare for the UK Government's Independent Review of S4C in 2017 – what type of service do they want to see and what kind of modern media service will Welsh-speakers need in the next 10 years? Our hope is that the review will consider this carefully, along with how S4C can provide and fund that service on a secure basis."

The answers in the questionnaire will help the channel as it prepares to contribute to the review in 2017.

The questionnaire is available now online at s4c.cymru

NHS 'whistleblowing' campaign launched

A NEW helpline and campaign to help health staff speak up is being launched in Cardiff and the Vale.

'Freedom to Speak Up Safely', launched by the Cardiff and Vale University Health Board (CVUHB), will encourage staff to raise concerns – and managers to listen and respond to them.

A new simplified process, including a 24-hour helpline, is now live and will provide another way for staff to make their voices heard.

It follows the introduction of 'Safety Valve' – a process led by chair Maria Battle for staff that feel their concerns are not being heard.

Maria said staff who had used 'Safety Valve' were glad they had spoken out and the new helpline and other support would help build on that programme.

She said: "I want this to be a listening organisation. One that actually resolves issues, fixes them and makes things happen."

As part of the work to better understand how to improve support for those raising and hearing concerns, a workshop was held with staff.

Dr Aled Jones, senior lecturer at the School of Health and Social Science, has advised the health board on

developing the new process.

He said the new approach was focused on safety. And that's all there is. There's nothing personal about it, you do the right thing for the patient."

The work has won the support of various staff groups.

Indu Deglurkar, consultant and lead cardiothoracic surgeon and chair of CVUHB's senior staff medical committee, said there was a stigma around speaking up, but there were benefits for all when those with concerns did.

She said: "If there is a problem one should speak up, not for your own gain but for patient safety. And that's all there is. There's nothing personal about it, you do the right thing for the patient."

The new process includes materials and a short film about the benefits of speaking up and advice on how to.

Ruth Walker, the health board's chief nurse, said: "Be brave. If you were a patient or this was you or one of yours and you don't feel that care is right you need to speak out. If it's not good enough for you and yours it's not good enough for any other patient."

Dog of the week has lots of spirit

THE dog of the week is Whiskey, a stunning Welsh Collie.

At 10 years old, Whiskey is looking for his retirement home, and although a very sweet, gentle dog, he does get a little worried with intense handling.

He is, however, brilliant on the lead and loves his daily walks.

He would prefer to be the only dog in the home and can live with children aged 11 years and above.

If you can offer a home to Whiskey, give him lots of cuddles and love and have a big bed so he can watch the world go by, contact Dogs Trust Bridgend on 01656 725219 or visit our website.



'Over-development and no electricity in Rhoose' - GEM READER

IT was great to see the recent photograph in The GEM of concerned residents of Rhoose village protesting about the over-development of Rhoose village.

Do they realise what a difficult road lies ahead of them with a council set on development, development, and over-development of Rhoose village?

Having viewed the recent council meeting online concerning the development, it was clear that the vast majority of councillors lived outside the vicinity, in SMALLER towns and villages than Rhoose. Incidentally, those councillors who exceeded Rhoose councillors, who only amounted to two!

These outside councillors paid no attention to the lack of facilities, a potentially dangerous junction that would enter the new part of the development, traffic congestion throughout the whole village, and potential disaster if the culverts in the site flooded up against the railway embankment.

As no-one seems keen to adopt the Rhoose Point drainage system, this is a worrying possibility.

Of course, there is the compulsory, imaginary, school that the developers have put land aside for (this I think is the 10th school that is going to be built in Rhoose Point!). Apparently, they only have to donate the land, so eventually there will be more houses on that spot.

Seeing as this will probably cost the council a couple of million pounds, this will (thankfully) never get done. I'm sure we all remember the tragedy of Aberfan, especially as the proposed site is, as stated by the council, in the potential flood area.

Affordable housing on the proposed site has

gone up to 30 per cent which makes one wonder whether the rural Vale's share will just be deposited in Rhoose Point?

Considering the Vale Council has such big ideas for our village, they haven't had the foresight to overhaul our electricity to accommodate a larger population; we now have to suffer regular power cuts (two in the last month).

This must make Rhoose village a very enticing proposition to future residents – I just hope that our sewerage and freshwater systems are sufficient to cope with a potential population explosion!

Indeed, the Sully travellers' site has been refused on the grounds of a flood risk – and yet Rhoose Point residents and potential schoolchildren are not shown the same concern.

So it seems that once the Vale has merged with Cardiff Council, Rhoose village will lose its identity, and become a dormitory town for the city, and will adjoin Barry.

There will be no such thing as green space and 'the southern most point of Wales' will become 'the most densely populated area in the southern point of Wales'.

Also, it is very unsafe to build a large population so close to a thriving airport; most airports are built way outside towns, within a safe green space boundary, our council seem to be quite oblivious to potential disasters!

Whilst our councillors made some good and valid points in our defence, until they are able to play on a level playing field with an equal quota of councillors, they will, unfortunately, always be out-voted.

Of course, our Rhoose councillors will completely lose their voices if the Cardiff and the Vale councils merge.

(Name and address supplied)

CYNGOR BRO MORGANNWG DEDDF LLYWODRAETH LEOL 1972 Adran 123 (2A)

(fel y'i diwygiwyd gan Ddeddf Llywodraeth Leol, Cynllunio a Thir 1980)

HYSBYSIR DRWY HYN fod y'n unol â darpariaethau statudol uchod, mae Cyngor Bro Morgannwg yn bwriadu i brydlas i Cyngor Cymuned Llanber y Fro tir ac eiddo a elwir yn Gaeau Chwarae Llanber y Fro (Peterston Super Ely Playing Fields) sy'n cynnwys neu sy'n ffurio rhan o'r tir agored o fewn ystyr adran 123 (2A) o Ddeddf Llywodraeth Leol 1972.

Gall cynllun sy'n dangos y tir sydd i'w brydlas gael ei archwilio y Swydddydd Dinesig, Holton Road, Y Barri, CF63 4RU ystod oriau swyddfa arferol.

Rhaid i wrthwynebiadau i'r brydlas a friardwyd ei wneud yn ysgrifenedig, gan ddatgan y rhesymau dros wrthwynebu'r brydlas ac fe'u cyfeirir at Jocelyn Ham, Uwch Gyfreithiwr, Swydddydd Dinesig, Holton Road, Y Barri CF63 4RU erbyn din hwyrach na 22 Awst 2016.

Dyddiad: 4 Awst 2016

D Marles
Pennaeth Gwasanaethau Cyfreithiol



The Vale of Glamorgan Council LOCAL GOVERNMENT ACT 1972 SECTION 123 (2A)

(as amended by The Local Government, Planning and Land Act 1980)

NOTICE IS HEREBY GIVEN in accordance with the above statutory provisions that the Vale of Glamorgan Council intends to grant a lease to Peterston Super Ely Community Council of the land and property known as Peterston Super Ely Playing Fields that consists of or forms part of open space within the meaning of the section 123(2A) of the Local Government Act 1972.

A plan identifying the land to be leased may be examined at the Civic Offices, Holton Road, Barry, CF63 4RU during normal office hours.

Objections to the intended lease must be made in writing, stating the grounds for such objection and addressed to Jocelyn Ham, Senior Lawyer, Civic Offices, Holton Road, Barry CF63 4RU by no later than 22nd August 2016

Dated: 4th day of August 2016

D Marles
Head of Legal Services



Early start for airport route

Flybe's new route from Cardiff Airport will start a month earlier than planned – due to high demand.

The airline's new twice weekly route to Berlin Tegel airport, scheduled to start on November 2, 2016 will now begin a month earlier on October 1.

For more information, go to www.flybe.com.

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ALED SION EYES ANOTHER MEDAL

Bridgend's Paralympian champ on the road to Rio

by ANDY JOHNSTONE

BRIDGEND-BORN Paralympian and gold-medallist, Aled Sion Davies, goes to Rio later this month keen to maintain his successes in a slew of competitions

Aled (25), now based in Cardiff, took bronze in the shot put and gold in the discus at the 2012 summer Paralympics, and gold in both disciplines in Lyon and Doha in 2013 and 2015 respectively. The Welshman is also a world and European champion and record holder.

And while he will hope to build on his Paralympic bronze in the F42 shot put, he was 'devastated' that the F42 discus has been dropped from Rio 2016.

Focused to a 'T', the young man – who also has a successful junior career as a swimmer under his belt – will be applying his determination to the sport in true, never-say-die style.

"I've limited myself to a handful of competitions so far this year, in preparation for Rio; whereas I might have competed in eight to 12 championships in any other year, this time, I've taken part in just four."

Aled is keeping himself fresh for the Games, yet has no qualms over acclimatising for Rio.

"I'll be going out a couple of weeks before the competition begins, although I don't really have any concerns over the temperature. Compared to Doha last year, it should be fine."

The category 'F42' includes single above-knee amputation, double above-knee amputations, and athletes with combined arm/leg amputations. It may also include athletes with severe problems when walking, such as impairments in one leg from polio.

Aled, who switched from swimming to field events in 2006, was born with hemimelia – lacking or a deformity of the fibula – of the right leg.

His determination and will-to-win on the field



are matched by – afterwards – an old-fashioned and gentlemanly approach to his competitors.

"Out on the field, when the competition is on, we all hate each other," he said, adding after a pause and with a smile "But as soon as it's over, the mutual respect we have just shines through – though that's a bit easier if I've just won!"

"We socialise and eat together... That's one of the great things about the Olympic village where we stay."

He is, naturally, as keen on his fellow

teammates, be they from the Wales squad or in this case, Team GB.

"I, and my teammates in field events, are individuals, all out there alone."

"But we're a team of individuals, and that's the key. We buoy each other up and egg each other on. That's teamwork; that's being part of a team. We all inspire each other."

Being good at sport requires physical skill. Being a world champion – Paralympian or Olympian – requires supreme physical and mental skill.

Aled has both, and bucketloads of charm and humility, too.

He ended by saying: "Never let a win go to your head, or a loss to your heart. Have no regrets."

The Summer Paralympics begin on September 7. Follow Aled's progress at www.aleddavies-f42.co.uk.

'Nul points' for Cadoxton bowlers

CADOXTON returned from Llantwit Major with no points for the second week running in the Munro Cup.

The only rink that made any impression was skipped by Don Kuhnell against Graham Jones. Although leading throughout the game the home side took the lead on the final end.

Howard Craven skipped against Charles Hiscock and three conceded '4's and a '3' were the difference in the scores.

John Jones only managed a '3' and five singles on his rink.

Derek Jeffries skipped a weak link against the strong opposition of Steve Booker and although leading 4-3 after five ends a '5' against on the next started a run for the home side, during which only two further singles were conceded.

Scores: W Craven, D Hammond, I Robertson, H Craven 13-29 L Fowler, P Twomey, A Hayes, C Hiscock; D Fanning, G Solomon, M Curtis, D Jeffries 6-29 J Crane, D Johns, T Ingroville, S Booker; R Morris, J Papoutsou, P Swannick, J Jones 8-21 G Fox, G Merchant, A Woods, K Garrison; S Conway, A Field, R Byrne, D Brook 12-14 B Colling, P Brown, K Sparkes, G Jones. Final score: 39-93.

Cadoxton were the hosts in this ML7 match against Millwood.

It finished in the home team's favour with two winning rinks, one drawn and the third a narrow defeat.

John Jones skipped his rink to a 6-0 lead after four ends. After 13 ends the difference was still six, but a '6' on the next end opened up a large gap which ensured a comfortable win.

Roy Harding's rink was 5-0 down after three ends. It took until the 10th end before the advantage was changed, and this momentum was continued until the end.

Ivor Robertson had a close confrontation with the scores tied on four occasions during the game. The penultimate end brought the scores level again and on the final end the shot could not be separated so the match ended with a tie.

D Fanning skipped the fourth rink and made a slow start, and trailed 7-0 after four ends. Two '3's and a single brought the scores level.

They were level again on the 14th end, and after the penultimate end another level score was produced. Unfortunately, the home skips attempt to move the jack, made contact but not enough to change the score against, to lose narrowly.

Scores: S P Clarke, D Fanning 18-20 T Mahoney, P Childs A Mahoney, G Stone; G Davies, J Papoutsou, P Swannick, J Jones 26-12 D Lewis, P Grange, G Smith, A Williams; A Prince, D Hammond, D Brook, I Robertson 16-16 C Mallows, R Wills, A Thompson, R Gregory; S Conway, D Evans, H Craven, R Harding 27-12 B Howcroft, H Hodgkinson, B Williams, N Parry. Final score: 87-60.

DK

Athletic Seconds impress as Firsts slip to heavy loss

On Saturday, Barry Athletic second XI entertained Croesyceiliog second XI at The Athletic Ground, Barry Island on a sunny afternoon.

They asked the opposition to bat first and reduced them to 176 for 7 in their 40 overs with Paul Murphy producing figures of 3 for 16 and young Aiden Rutherford 2 for 64. L Edwards top scoring for the visitors with 52.

In reply Barry stormed to their score with only three wickets down as they scored 179 for 3 with the ever-reliable Paul Murphy 73 not out, Damon Leake with a fine 46, Andy Ellis 22 and Billy Usswald 15 not-out as Barry claimed their third win in the last four games.

Barry Athletic first XI travelled the short distance to Rhoeose to play the Welsh Asians, lost the toss, and fielded first and soon had their hosts in trouble as they reduced their hosts to 34 for 4 with John Gee picking up 3 for 23 in his 10 overs along with a

run out.

Jake Griffith took 3 for 42 with his left arm spin with the ever-improving Shea Ellis picking up 2 for 39 as the hosts were bowled out for 149 in the 38th over.

In reply Barry were soon in trouble as they lost the wickets of Ashley Baker (0), Rhett Jones (4), David Goodway (16), Craig Brock (4) and captain Nathan Baker (13) with the score on only 43.

Shea Ellis shored up the innings with a fine, mature 41 and had support in the later stages of the innings from John Gee as Barry were eventually bowled out for 99 and a crushing 50 run defeat.

This means if Barry are to have any chance of promotion or a title challenge they will need to win five of the last six games.

This weekend Barry Athletic first XI entertain Lisvane, with the second XI away to Blackwood; the club would also like to wish the first XI captain the best of luck for his wedding this Saturday to Bex.

MR

The Penarth Belle Vue Bowling Club roundup

Belle Vue BC vs Sully BC Wednesday, July 27 in the Munro Cup

BELLE Vue lost to Sully in an unusual result.

We won two rinks, tied one rink and lost one. We scored 63 points and Sully 70 points, but our losing rink lost by a greater difference than the other three rinks. Nine points to Sully and five points for us.

Rink one won 18 – 14. Lead was Captain Frank Keen, no 2 was Gordon Ford, no 3 was Paul Paterson and the skip was Barrie

Bagwell.

Rink two 22 – 16.

Lead was Rowland Fletcher, no 2 was

Richard Brant, no 3 was

Alan Thomas and the skip was Trevor Ford.

Rink three tied the

game 13 – 13. Lead was

Richard Fitzjohn, no 2

was Dave Smith, no 3

was Len Fowler and the skip was Colin Scammell.

Rink four lost 10 –

27. Lead was Graham

Duggan, no 2 was Paul

Booth, no 3 was Dave

Miller and the skip was

Gerry Field. A big

'thank you' to Sully BC

for pasties and the good

banner.

Belle Vue BC vs Llantwit Major BC in the Cardiff and District League

Saturday, July 30

BELLE Vue played at Llantwit Major and stormed back to a great win, hitting the 'ton' in shots, winning 102 shots to 51 shots.

FRANK KEEN.

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MILLWOOD BOWLS CLUB ROUND-UP

THERE was another rather bad result for Millwood in this latest attempt to get a win in this season's Munro Cup, against a Romilly side who showed no mercy to run out a hefty 33 shot winners.

After the first four ends had been played, Millwood were five shots adrift to trail 13 shots to 18, which by the eighth end had jumped to 24-44 in favour of Romilly.

On completion of the 13th end, the gap had extended to a massive 37 shots to 76 for Romilly. Playing the final few ends, with no hope of a comeback, Millwood did claw back a couple of shots to end a disappointing game to come away with the 33 shot deficit, the final score 90-57.

Credit must go to a strong Romilly side for the manner in which the game was played. **Millwood returned to winning form with a very welcome 12 points to 2 total against St Peter's Bowling Club from Cardiff.**

A very much needed 12 points if it must be said, as results have not gone too kindly for the Millwood boys.

Millwood started off the afternoon's game by taking a nine shot lead after the first five ends had been played, the score being 25-26 to Millwood.

Another five ends played and Millwood's lead had increased to a rather handy 14 shot difference, 42-28.

On completion of the 15th end, a 17-shot gap had opened up in favour of Millwood with the score standing at 59-42, so with just the final five ends to

play Millwood hung on to their lead and ended up running out winners by virtue of their 15-shot margin, 75-60.

A big thanks must go to Millwood's rinks two and three for the foundation of the very welcome win. **Millwood A side went to visit Victoria Park to play Cadoxton, but things did not go too well for the A side as they ran out a long way behind Cadoxton by a very big 27-shot losing margin, 87-60.**

After the first five ends had been played, the scores were tied at 18-18, and it looked like a close game was on the cards.

Even after the 10th end had been played there was only a matter of four shots separating the sides with the upper hand going to Cadoxton at 34-38.

Cadoxton soon took advantage, and on the 15th end, they had soon taken the control to build up a comfortable 64-40 shot lead. Although there were only six ends to play, Cadoxton never relinquished their lead and ran out eventual winners by 87-60, putting a heavy dent in Millwood's challenge to keep up with the league leaders.

Bridge results

RESULTS for the Vale of Glamorgan bridge club for August 1:

1st Mike Best & David Birt 68.45%, 2nd Phil Felman & Tony Disley 63.10%, 3rd Irene Thomas & Graham Jones 61.61%.

LE

Tim lands a winner!

ABERTHIN'S Tim Vaughan saddled a winner on the flat at Salisbury on Tuesday when his five-year-old Master Dancer landed the Bathwick Tyres Handicap over one-mile-and-six furlongs.

Ridden by 7lb claimer Mitch Godwin, the 9-2 chance won by two-and-quarter lengths from Double Dealties.

Earlier in the afternoon, Bargoed's Bernard Llewellyn won the Venture Security Handicap (Division Two) over a mile with his five-year-old Edge, who, partnered by Bargoed-born David Probert, finished a length in front of Wild Flower.

BRIAN LEE

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Nippers have great weekend at Welsh Championships



THE SLSA Wales Welsh Championships were held again this year at Whitmore Bay, Barry Island over the weekend of the July 16/17.

With a fair weather forecast teams from all over Wales made the journey to Barry to compete in the competition, hosted again this year by Rhosneigod Lifeguards.

With events starting at 8.30am and families on the beach much earlier, the children took part in sea swims, wades, board races and a number of relay events.

A special mention must go to the members from the youngest age group in the team, many of whom have never competed in a major tournament before and all performed excellently.

A huge 'well done' also to all of the competitors with special congratulations going to gold medal-winning Welsh champions Ava Wong, Connie Millar, Evie Wong, Morgan Beasley, Evie

Watkins and Moli Lyons - well done all!

Liz Wong with her team of Rhosneigod coaches and helpers had the following words of praise for the Nippers over the weekend: "We are all very proud of your efforts at the Welsh Championships. Not only were the performances on the beach and in the sea excellent but your behaviour throughout the competition was first class with all Nippers showing great 'team spirit' in all of the races."

A big thank you also to the organisers from SLSA Wales, the sea safety crews and representatives from other clubs who helped make the Welsh Champs a very enjoyable two days. Thanks finally to the Bay 5 café for the refreshments on offer throughout the day.

The Rhosneigod Nippers team finished overall in second place out of the 14 clubs competing. Many medals were won in the pair and team events with a list of all individual medal winners below:

Surf Swim: Evie Wong bronze, Ben Ewington bronze, Maisy Wiggins silver, Ellie Bryan bronze, Connie Millar gold, Ava Wong silver. Board: Evie Wong bronze, Maisy Wiggins silver, Connie Millar gold, Ava Wong gold. Beach Flags: Evie Wong gold, Alex Moignard bronze, Lena Davies bronze, Olivia Banks bronze, Morgan Beasley gold, Ava Wong gold, Elizabeth Regan silver.

Super Nipper: Evie Wong silver, Ellie Bryan bronze, Connie Millar gold, Ruby Phillips bronze, Elian Davies bronze, Ava Wong gold. Beach Sprint: Ava Wong silver, Aled Phillips bronze, Ruby Phillips bronze, Olivia Banks bronze, Seth Waggett silver, Evie Watkins gold, Evie Wong gold, Alice Connolly bronze.

Beach Run: Ava Wong gold, Elian Davies bronze, Scarlett Davies bronze, Evie Watkins silver, Tom Sheldon bronze, Moli Lyons gold, Evie Wong silver.

JF

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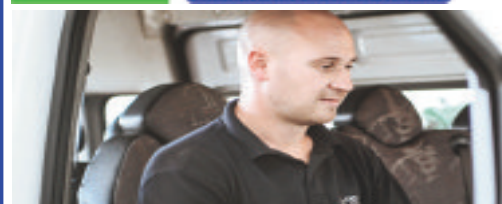
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- 12 PEUGEOT 207 1.4HD Active 5-Dr In silver, 32,000 miles, diesel **£5,495**
- 11 VAUXHALL Astra 1.6 Auto Exclusive 5-Dr In silver, 51,000 miles **£5,495**
- 11 TOYOTA Yaris 1.3 VVTi T-Spirit 5-Dr In met-grey, 63,000 miles, high spec **£5,495**
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- 59 HONDA Jazz 1.4 V-Tec Ex In electric blue, with panoramic roof **REDUCED TO £4,995**
- 61 HYUNDAI i10 Active 1.2 5-Dr In met grey, 48,000 miles, A/C etc **£4,395**
- 61 RENAULT Clio 1.2 Dynamique 3-Dr In silver, 64,000 miles with sat-nav, alloys etc **REDUCED TO £3,995**
- 60 FORD Ka 1.2 Zetec In magenta blush, low miles, 1 owner, £30 road tax **£3,995**
- 11 TOYOTA Aygo 'Blue' 1.0 5-Dr 54,000 miles, £20 road tax, low insurance **REDUCED TO £3,995**
- 09 PEUGEOT 308 XL 1.6 Diesel 5-Dr In met-grey, 76,000 miles, low running costs **£3,995**
- 58 SKODA Fabia 2 HTP 1.2 5-Dr. Met Grey, 50,000 miles, nice example **£3,795**
- 11 SUZUKI Alto SZ3 1.0 5-Dr In red, 47,000 miles, low running costs, plus £20 road tax **£3,695**
- 59 SMART Fortwo Passion Auto In red/silver, 21,000 miles, glass roof **REDUCED TO £3,495**
- 58 FORD Focus 1.8 TDi (115) Style 5-Dr In silver, 88,000 mile, diesel, hatch at **£3,495**
- 10 SMART Fortwo Pulse MHD Auto In bronze, metallic, 46,000 miles, 1 owner **REDUCED TO £3,495**
- 09 FORD Ka 1.2 Style (New Shape) In silver, 51,000 miles, £30 road tax **REDUCED TO £3,495**
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CAVC rugby team celebrate season of achievement



CARDIFF and Vale College's Rugby Academy has celebrated finishing top of the under-18 Development League and reaching the final of the trophy competition at an inaugural presentation evening.

The event, sponsored by Principality and Cardiff Metropolitan University, brought together current and future players with their families. They were joined by the Academy's coaches and business sponsors for a three course dinner and awards presentation at the College's City Centre Campus.

CAVC's Rugby Academy works in partnership with the Cardiff Blues, and their head coach, Danny Wilson, gave an inspirational speech and presented all of the awards. He also had a tour of the facilities the team use, including the state-of-the-art strength and conditioning gym.

"I am incredibly impressed by the facilities and support available to the CAVC Rugby Academy and I have no doubt that it will prove to be a real conveyor belt for talent in the region," Danny said.

The coveted title of player of the year was awarded to Dafydd Smith while Tom Meehan was given the award for players' player of the year. Most promising and most improved awards were given to Josh Male and

Eddie respectively, while Ben Thomas and Jasper Dietz were recognised for their international appearances for Wales under-18s and Netherlands under-18s.

CAVC Rugby Academy captain Dan Watts was recognised for his achievements in representing the Cardiff Blues under-18s and as the first Academy player to represent Cardiff RFC.

Now playing senior rugby in the Championship, Dan has handed the captaincy over to 17-year-old Ben Thomas with Lewis Hill named as vice captain.

An A-Level student at CAVC, Ben Thomas was unable to attend the ceremony as he was

representing Cardiff Blues in the Singha Premiership Rugby Sevens, helping the team beat reigning champions Newport Gwent Dragons and securing a place in the series finals.

Selected to fly out to South Africa with the Wales squad in August, Ben will return to play his first full season for Wales under-18s having qualified a full year younger than most.

The growing stature of CAVC's Rugby Academy is reflected in it being awarded the A Licence by the WRU. This can only be granted after meeting strict criteria.

CB

Important win for the Vale Cricket Club

VALE CC's first XI pulled off an important home victory against Monkswood last Saturday.

With other results also going their way, Vale should now prevail in their battle against relegation.

Inserting the visitors, Vale dismissed Monkswood for 141. JJ Davies was in stand-out form as he took 6 for 22. Vale always had the chase under control and Mark Francis (45 no) saw the side home for a comfortable 5 wicket victory.

Although Vale CC second XI once again passed the 200 mark in

last Saturday's visit to Monkswood, an undistinguished bowling effort saw the home side win by seven wickets.

Batting first, the feature of Vale's 209 for 6 was 74 not out from debutant Huw Robinson, who played elegantly all around the wicket.

Skipper Carl Brooks (33) and Iestyn Fenn (20) put on 50 for the first wicket.

The main bowling of note came from veteran Iwan Davies whose eight overs went for only 15. Brooks, Greg Andrews and another debutant David Harris picked up the wickets.

CB

POINT-TO-POINT BLAST FROM THE PAST - 1991

AT the Pentrych in Llantwit Major, Welsh champion Tim Jones brought his season's tally of wins to 13 with a double and luck was on his side in both races.

He took the members' race on Malcolm Davies' *Island Wonder* after the first and second favourites *Solar's Pride* and *Caesar's Bronze*, who were disputing the lead, both fell at the penultimate fence.

In the Men's Four Mile Open, known as the Welsh Grand National, fate also intervened. He was riding Paul Rich's *Temperable*, and had just been overtaken by John Llewellyn on *Harwell Queen* with four to jump, when the leader fell at the next fence, leaving Jones and *Temperable* to romp home by 15 lengths from *Our Boreen*.

Rowland Mansell's five-year-old *Gold Shot* made it four wins out of five, scoring impressively under Tim Rooney in the Adjacent Hunts Race.

Newport housewife

Joanne Hawkins was back in the winners enclosure for the first time since 1988, when she took the Ladies' Open on George Wagstaff's *Rostuille*, who had 15 lengths to spare over *Little Lemon*.

My report on the Llandeilo Farmers Hunt Point-To-Point Steeplechases at Erw Lon, Pencader, began: "Only two bookmakers turned up at the Llandeilo Hunt Point-To-Point at Pencader on Saturday, where gale force winds and driving rain forced officials to abandon the meeting after three races."

Now the Erw Lon course was not the most hospitable of venues at the best of times and one would have to race from one side of the course to the other to get a glimpse of the horses.

On this occasion, conditions were so bad that a number of owners would not run their horses and in two of the three races that were held, only two horses faced the starter.

Few racegoers ventured out of their cars and those in the marquees took their lives in their own hands as the marquees were in danger of being blown

by **BRIAN LEE**

away. Two runners faced the starter for the hunt members' race and Brigette Barton made all the running to notch-up her first winner on her 12-year-old *Glen Maye* which beat the favourite *Moshi-Moshi*, ridden by Bridgend's Paul Hamer, by 12 lengths.

There were seven horses in the following adjacent hunts' race and this was won by Hamer, whose mount *Vivaque* came home five lengths ahead of *Caesar's Bronze* ridden by the Vale's Katherine Christopher.

Two of the horses were withdrawn from the race owing to adverse weather conditions and Hamer was chalking-up his 100th win between-the-flags.

Incidentally, *Vivaque*, owned by former Welsh seven miles champion cross-country runner Bill Hancock, was a former stable companion of the legendary *Desert Orchid*.

Of the three horses declared to run in the next race, which was the men's open event,

Brown Rifle was also withdrawn owing to the adverse weather conditions.

Conditions were a little better at Howick near Chepstow for the Currie Hunt Steeplechases where Penhow farmer David Stephens had a double with *Golden Rambler* in the members' race and *Willy Wagtail* in the men's open.

The grey, *Willy Wagtail*, scored by five lengths from *Red Timber* and a notable absentee in this race was *Devil's Elbow*, owned by the Prince of Wales.

Matsix, owned by Rhonda's Norman

Jones, took the ladies' open race with Pip Nash in the saddle, and Guy Lewis, aged 16, of Llanmartin, took the lead in Daily Telegraph novice riders' championship with his fifth win of the season on *Chamel Pastime* in the restricted open.

Llanwrn steelworker, Joe Price, won the maiden on Irene Cook's *Grangerstown*, who at 12 was the oldest horse in the race.

You can email your horse racing stories/pictures to brianlee4@virginmedia.com or telephone 029 2073 6438.

Delyth's 1-2!

THE Vale's Delyth Thomas, who is the leading trainer of Arabian horses in Wales, fielded two horses in The Royal Cavalry Of Oman Handicap Stakes at Bath races last week and they finished in first and second places.

First past the post was five-year-old *KayClaire* who finished one-and-a-quarter lengths ahead of stable companion, the 11-year-old *Jamaahir*. *KayClaire* was ridden by top jockey Simon Walker and was returned the 4-1 favourite.

A delighted Delyth said: "*KayClaire* was my eighth winner of the season and I am lying in second place in the winning owners championship to the sheiks, who own a lot

more horses than me!" **FLINT IN SPARKLING FORM** Vale trainer John Flint continues in sparkling form.

After his *Urban Space* had won at Chepstow the previous Friday, the next two horses he saddled both won last week.

Baz's Boy, ridden by Noel Garbutt, was a 16-1 winner for him at Ffos Las on the Thursday and at Bangor on Friday his *Moss Street*, partnered by his son Rhys, came in at odds of 13-2.

At Stratford on Thursday, Rhys won on Alexandra Dunn's *Spring Steel*. John Flint has had his charges in good form and it is interesting to note that in a number of races he has won when there has been a tight finish the verdict has been in his favour.

BRIAN LEE

Rugby club looking towards new season

WITH training going well, Cowbridge RFC are looking forward to the Tondy sevens this Saturday, taking a squad of 12 players and hoping to do well; the games start at 10am, all support welcome.

The following Saturday, August 13, the club has a fun day, open to all ages, starting at about 3pm with a barbecue and activities, with a band due to perform at about 8pm.

We hope all at the club and beyond will support this event - if you want to get involved with the club this would be an ideal opportunity to

come down and meet the players and see what fun can be had. Training continues at the club on Thursdays from 7pm.

The club has now had the fixture list and on September 3 we start the season away at Penygraig with the following Saturday Cefn Coed providing the first opposition at home.

Also on September 10, the Army Air Corp team take on a Cowbridge XV, with an early kick-off likely, in memory of Capt Tom Clarke AAC.

We hope lots of players will make themselves available and many come to support both matches on that day.

RV/RK

New beginners' Bridge course

FOLLOWING success last year, Barrivale Bridge Club is offering a new beginners course, commencing on Friday, September 23 at the Pioneer Hall, Beryl Road, Barry - doors will open at 9.45am for a 10am start.

To quote an expert "Bridge is the most widely played game in the world, and surely the best. It is endlessly fascinating at all levels, from beginner to world champion."

Classes will run alongside those for improvers, who are now enjoying playing with experts on hand to adjudicate and advise! The morning is hosted and taught by Noelle Bond and Jane Brook, who welcome all ages and abilities, including those who may have played in the past and wish to revive their game.

Noelle (telephone 01446 733425) will answer any questions you may have, but be assured, previous knowledge of cards is not needed!

AR

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Bridgend Athletic are looking to bounce back to the Championship

FOLLOWING relegation from the Championship last season, Bridgend Athletic will be looking to bounce back via Division 1 Central.

The league is very competitive so it will take a very big effort from the players and coaches to achieve this.

Inevitably there were some player losses

following a disappointing season. However, these have been offset by the return of centre Tom Morgan, wing Rhys Ward Jones and lock Lloyd Griffiths.

Also there is the natural progression of players from the youth team via the mini and junior section. Any players wishing to join the seniors at either first XV level or seconds should contact team manager Paul Hearne on

07970348065.

Last season's coaches remain intact – John Apsee, a former Wales B international, Gavin Thomas, a senior Welsh international, and Athletic legend Stuart Morris, with 22 playing years behind him, making the Athletic's all-time most appearances as well as leading points scorer and seasonal record holder with 330 points. They are putting the

players through a thorough training regime with six conditioning sessions at Merthyr Mawr sand dunes completed, and now twice weekly training sessions at Newbridge Fields.

Flanker Ben Howe, who has been player of the year for the last two seasons, will captain the side. Scrum half Aled Thomas, now able to play regularly, will be his vice captain.

Paul Hearne has arranged three pre-season friendlies all

away – Cheltenham Tigers August 13, Pontyclun August 20 and North Petherton (Devon) on August 27.

The season kicks off with a home fixture against Bonymaen on September 3 and away at Builth Wells on September 10.

The club will have four local derbies against Maesteg, Maesteg Quins, Kenfig Hill and Aberavon Quins. The club will be based at its Ewenny Road headquarters.

AB

CEFN'S GOOD PRE-SEASON FORM CONTINUES

CEFN CRIBWR travelled to local **Alliance Premier Division outfit Pencoed AFC** recently.

As with most pre-season friendlies both teams set out to play flowing attractive football and it wasn't long before Cribwr played through the phases and created a goalscoring opportunity through midfielder Connor O'Connell, whose run in behind was ably found by playmaker Jason Cave.

O'Connell couldn't convert but it was sign of things to come when moments later he found himself one on one and didn't make any mistakes converting from a ball though from wide.

After the goal Cefn seemed to sit back and it gave Coed a chance to push on with some neat intricate passing they found themselves bringing out the best in keeper Mike Dimond, who pushed the ball wide for a corner.

Coed had a patch where they were on top and scored on the stroke of half-time. Cefn came out of the break having made a couple of changes with new signing Curtis Grant getting some minutes under his belt and looking sharp after a lengthy lay off.

Cefn started brightly looking to create early with the ball being moved about with conviction, before some lovely passing amongst the midfield saw Grant through on goal.

Bearing down goal, he unselfishly squared the ball to Dan Jenkins who delicately slotted the ball home.

Pencoed pushed on and forced a couple of good saves from the Cefn keeper and they



ABOVE: Dan Jenkins in an aerial battle, while **BELOW:** Gwyn Thomas looks for an opening.



saw an effort cleared off the line by centre-half Jonathan Tiffin.

Another good win for Cefn sees them in good stead going into their last pre-season friendly.

We would like to thank all clubs who have hosted us for pre-season games and wish them all the very best for the season ahead.

GB

Bridge club is planning an 'Olympic triathlon'

ON three Thursday nights during the forthcoming Olympics, Porthcawl Bridge Club will be running a special Olympic triathlon.

As well as the normal match-point scoring, each event will be scored on an aggregate basis, and prizes will be awarded each night to the best North-South and best East-West (no switching 'lanes') - visitors are most welcome.

Latest club results: Saturday, July 16: First – Dil Evans & Roger Drapers; Second – Janet Richards & Trish Saunders. Thursday, July 21:

First – Tony Haworth & Keith Davison; Second – Gary Williams & Pat Haworth.

Saturday, July 23: First – Connie Dick & Marian Evans; Second – Janet Richards & Tony Haworth. Thursday, July 28: First – Tony Haworth & Keith Davison; Second – Sue Anthony & Peter Bennett.

The club meets twice a week – Saturday and Thursday at the Awel-y-Mor centre, 6.45pm-9.45pm, visitors welcome at any time.

To contact the club, call our secretary, Trish, on 01656 785794.

TH

Bridgend Bridge Club news

THE results for Bridgend Bridge Club for recent events are:

Wednesday, July 27, British Summer Simultaneous Pairs: First, Irene Thomas and Graham Jones; Joint Second, Laura Woodruff and Mike Close & David Birt and Mike Thomas. The winners on handicap were Irene Thomas and Graham Jones.

Thursday, July 28: Joint First, Maggie and Richard Ashpole & Bill Turner and Gareth Jenkins; Third John Henson and Mike Williams. The winners on handicap were John Henson and Mike Williams.

Friday, July 29, the first round of the Summer Competition: First, Glyn Williams and Vida Halford; Second, Liam Sheridan and Glenda Roberts; Third, Andy Robertshaw and Bill Turner. The winners on handicap were Vida Halford and Glyn Williams.

Regular club nights

DN

Blue Bulls top the table

BRIDGEND Blue Bulls went to the top of the Welsh Conference table on points difference thanks to a competitive 54-38 win over nearest rivals Aber Valley Wolves.

Keiran Hooper led the way with a hat-trick of tries for Bridgend. Lewis

Hughes and Jack Dryden each scored a brace with Luke O'Driscoll, Aaron Harris and Jared Jones also crossing. Gareth Howells kicked seven goals.

Aber Valley replied with two tries and five goals from Ryan Williams while Alun Evans, Matthew Curtis, Lloyd Davies and Josh Watkins also scored tries.

IG

Youth team in search for new coach

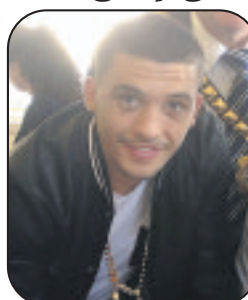
BRIDGEND Town youth team play in the South Wales Youth League and are looking for new coach(es) for the coming season.

If you are interested, then either text or leave a message for Andrew on 07561 565647.

AM

World champ Lee is set for possible British mega-fight

BARRY'S boxing world champion Lee Selby could be set for a British mega-fight with Northern Ireland's Carl Frampton.



Selby is the reigning IBF featherweight champion and after Frampton took the WBA featherweight title from Mexico's Leo Santa Cruz on Saturday night, the Northern Irishman made it clear that a fight to unify the belts was a possibility.

Frampton said: "Selby is a great fighter, someone I respect and one of the best UK fighters."

He favours a clash in Belfast, but Welsh boxing fans will hope it could come to Cardiff – either at Cardiff City Stadium (capacity 33,280) or the Principality Stadium (74,500 capacity).

Selby described Frampton's performance as "amazing" and added: "Now let's unify the belts."

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